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Bjørn Olav Rosseland: Sustainable aquaculture:  
Monitoring of water quality in Norway....  
NORWEGIAN UNIVERSITY OF LIFE SCIENCES

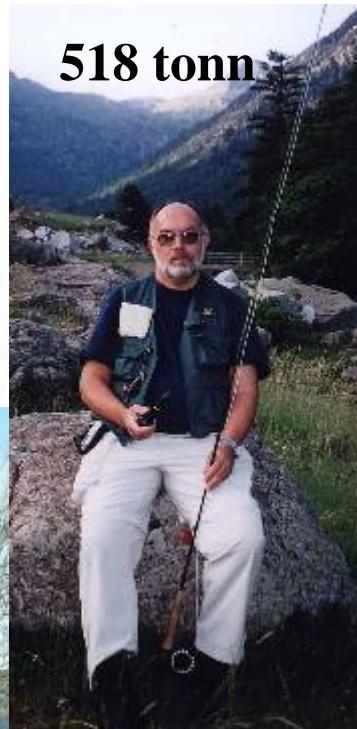


# **Sustainable aquaculture: Monitoring of water quality in Norway combining the documentation relevant for EUs Water Directive on pollution and fish welfare control**

**Bjørn Olav Rosseland  
Professor, Dr. philos.**



**518 tonn**



Atlantic salmon is Norway's main species of aquaculture

2005 data

**150 mill. smolts**



**629 000 tonn**



- # Key Questions
- What is the water quality criteria and minimum technology for a fish farmer to have an economic sustainable production of fin fish at a specific farm?
  - Which production schemes/forms will increase a risk for internal water quality degradation, reduction of fish health and fish welfare and pollution of the surrounding environment?
  - What will be the National Pollution Control Authorities or International (EU) criteria for production to:
    - ensure fish welfare
    - avoid disturbances to the external environment and
    - **How can they control the farms?**
  - **Could a Water Quality Monitoring Program at the farm fulfil all tasks?**

# EU Water Framework Directive: Three types of monitoring

## ● Control monitoring;

- A general monitoring in all types of aquatic ecosystems
- Regional overview
- Repeat every 6 years, with a minimum of one annual cycle.

## ● Operational monitoring

- In lakes/rivers dividing from a natural condition
- Control of mitigation activities

## ● Problem oriented monitoring

- In cases where **Control monitoring** or **Operational monitoring** failed to explain the reason for unexpected status and trends

**Sampling frequency and parameter not given**



## Aquaculture in Norway 1990's - 2003: Intensive production of Atlantic salmon

- Few new licenses
- Increased production in existing fish farms (2-5 mill smolts)
- Increased need for water
- Acid water - Mixing zones – unstable Al-chemistry restricts farming
- Change from 1-year old smolt to a combination with 0-year "autumn-smolt" (60/40 %)
- Increased use of O<sub>2</sub> addition → increased CO<sub>2</sub>, CO<sub>2</sub> stripping
- Increased use of seawater
  - UV-treatment regulations - restricted UV-capacity until 1995
- Increased mortality in sea, mainly caused by IPN
- Could the increased IPN problems in sea be connected to these new ways of farming?
  - Will "early life history stage" exposure in freshwater determine the success of the adult stage in sea?
- Water Quality Projects (WQ 1999 - )

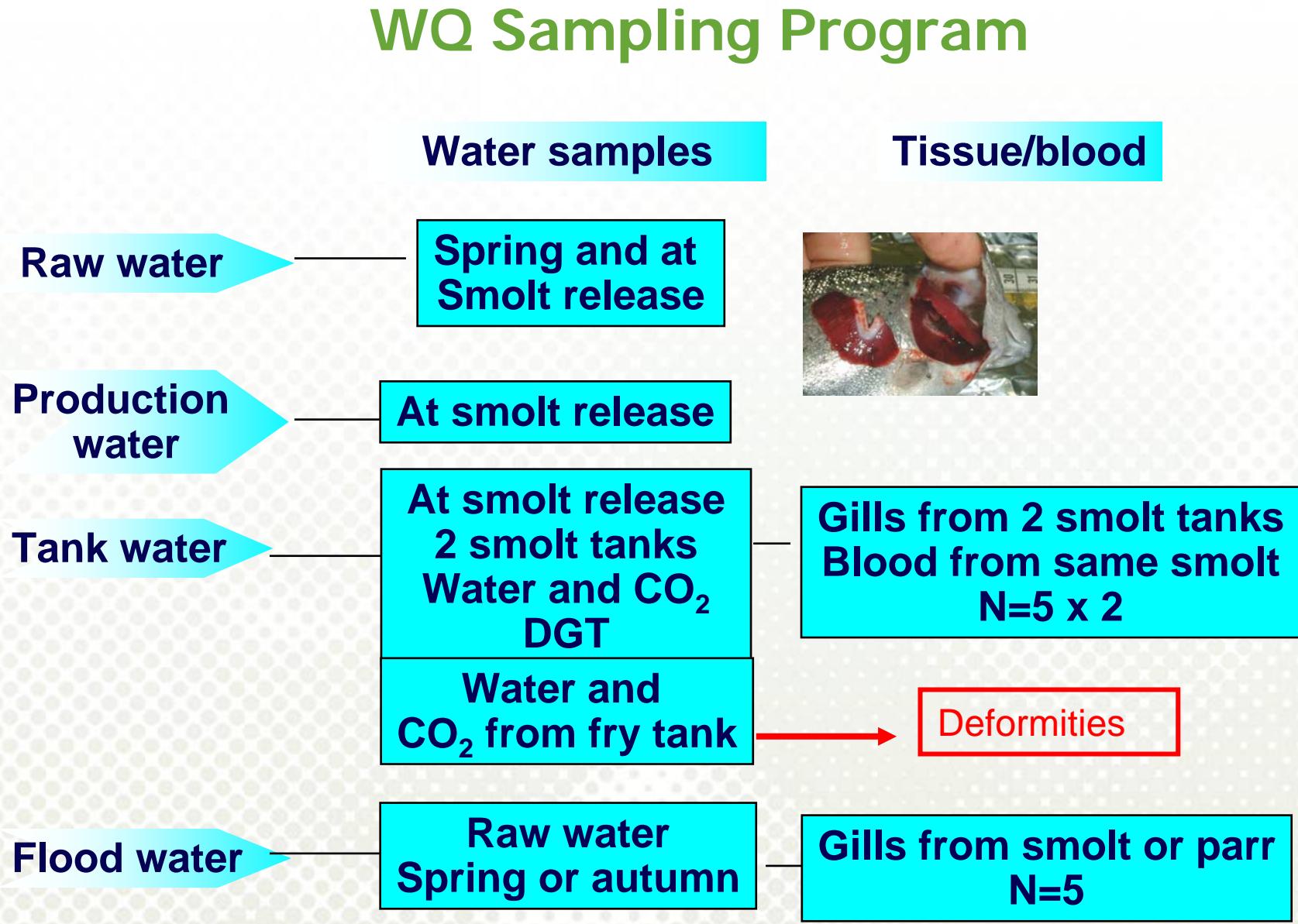
## Water Quality Program (WQ) NIVA, UMB and Akvaforsk

**Rosseland, B.O., Salbu, B., Heier, L.S., Teien, H-C., UMB  
Rosten, T., Kristensen, T., Åtland, Å., NIVA  
Bæverfjord, G., Akvaforsk**



### ● WQ 1999-2005: Investigation of 160 fish farms

- > 80% of producing farms in Norway
- Some in UK



## Raw water (18/24)

Analytical parameters	Unit
Acidity, pH	
Conductivity	mS/m
Alkalinity	mmol/l
Turbidity at/ 860 nm	FNU
Nitrogen, total	µg/l N
Nitrate	µg/l N
Carbon, organics (TOC)	mg/l C
Chloride	mg/l Cl
Sulphate	mg/l S
Aluminium, total	µg/l Al
Aluminium, reactive	µg/l Al
Aluminium, non labile	µg/l Al
Calcium	mg/l Ca
Iron	µg/l Fe
Potassium	mg/l K
Magnesium	mg/l Mg
Sodium	mg/l Na

## Production water

Alternative to raw water

### When treatment:

pH, alkalinity,  
Calcium, silicate  
salinity/chloride

## Tank water

Always complete raw  
water and “treatment  
parameters”:

pH, alkalinity

NH<sub>4</sub>

CO<sub>2</sub>

## Additional data

- Technical data, production data and historical data
- Data on vaccination

Data on transport  
from farms

Data on survival and  
growth (GF 3) up to 3  
month in sea

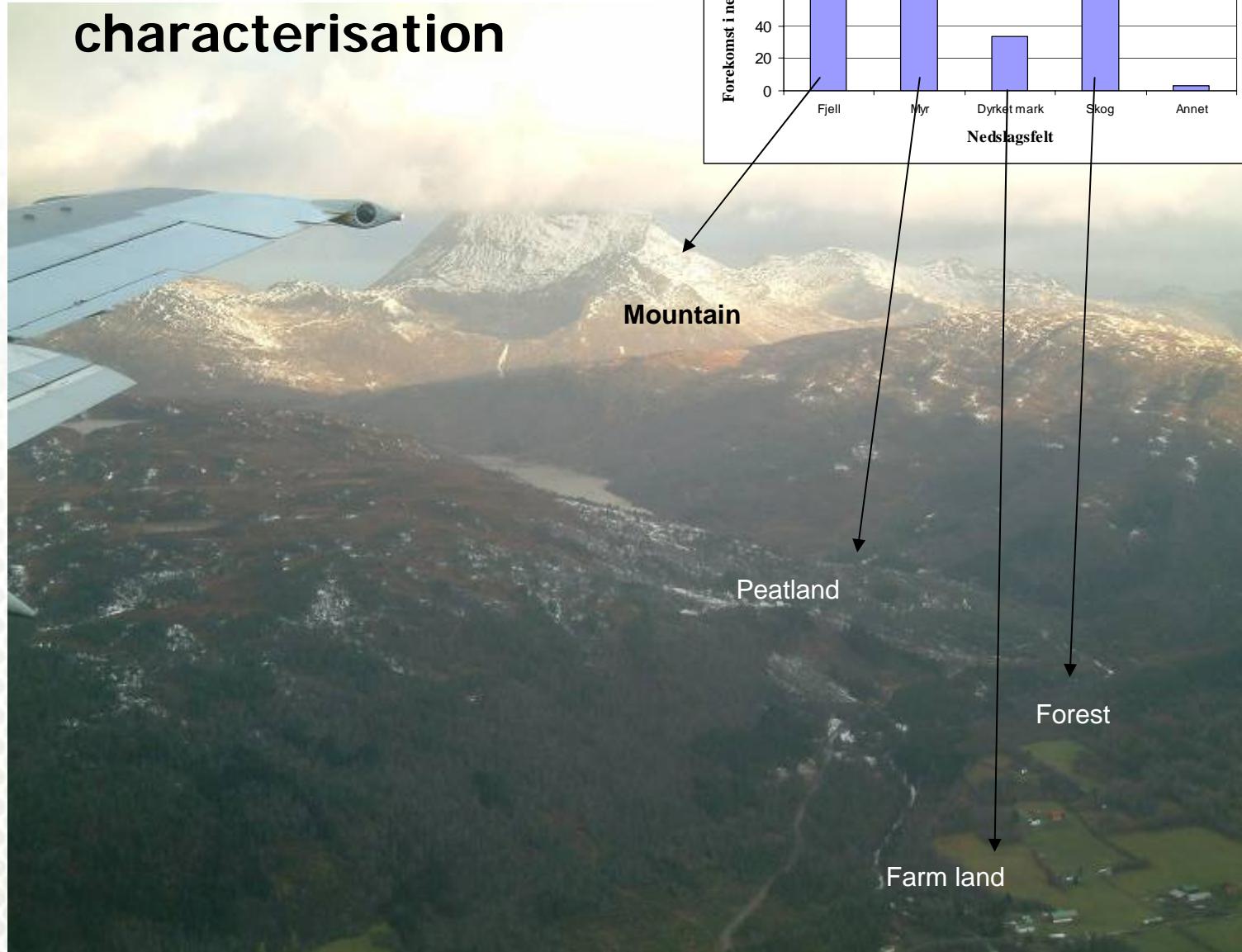


**All data are handled confidentially**

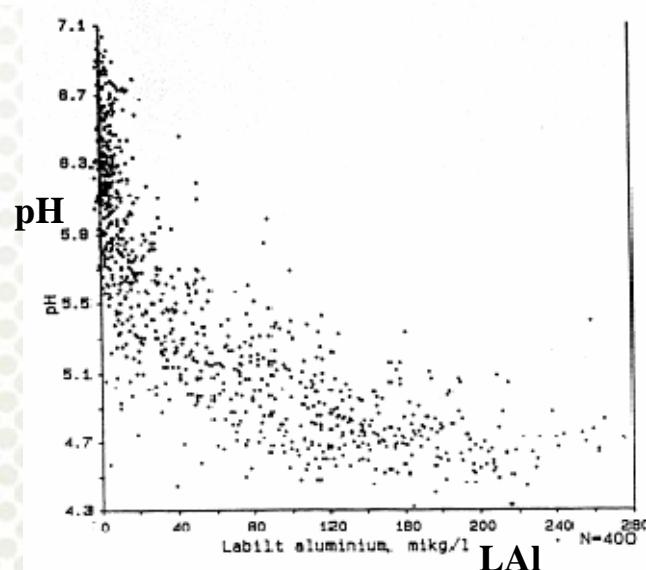
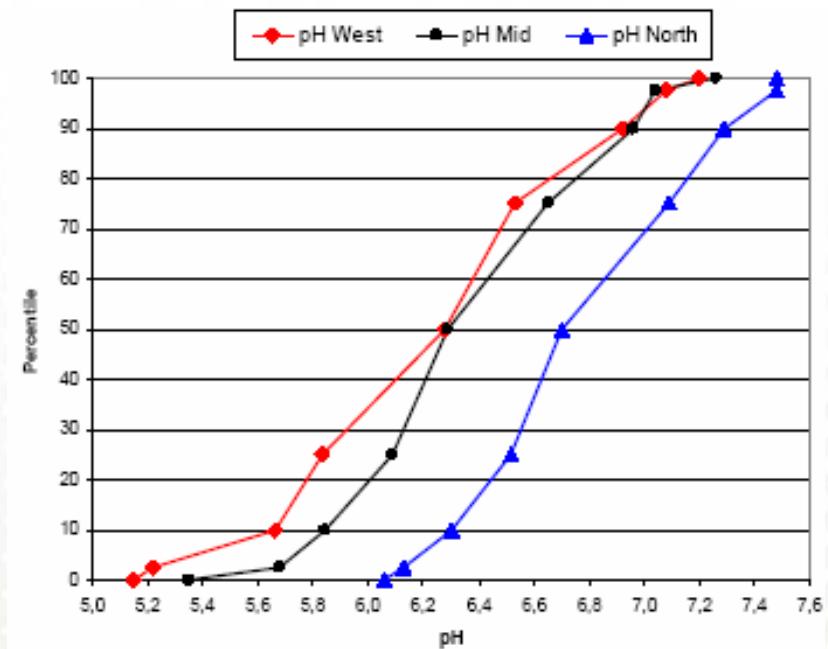
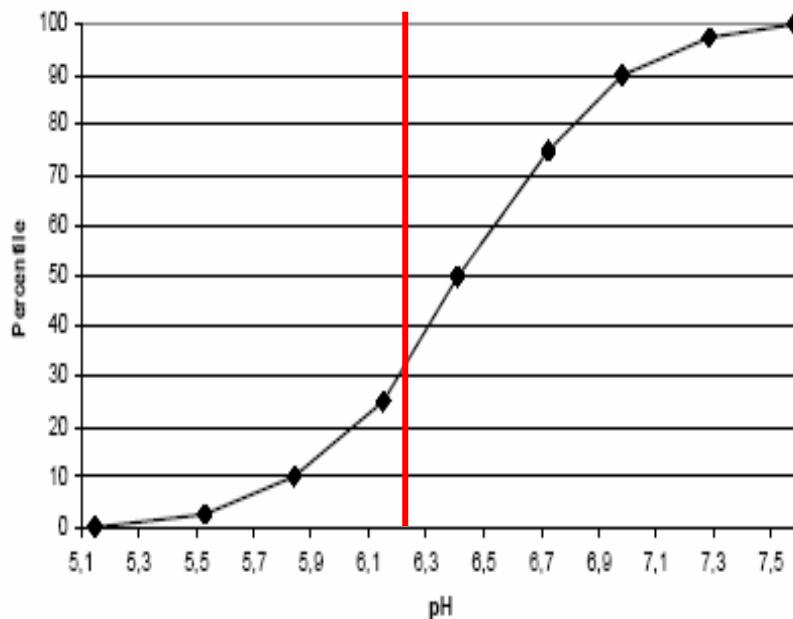
**Each farm get their specific report with scores and  
operational advices**

**All data presentations are anonymous**

# Catchment characterisation



## pH – WQ 1999 – 2001 Great variations

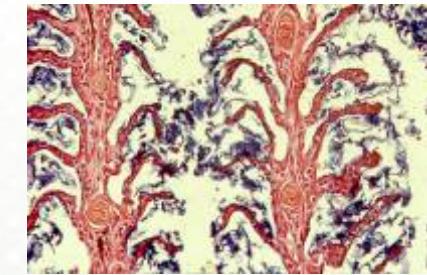
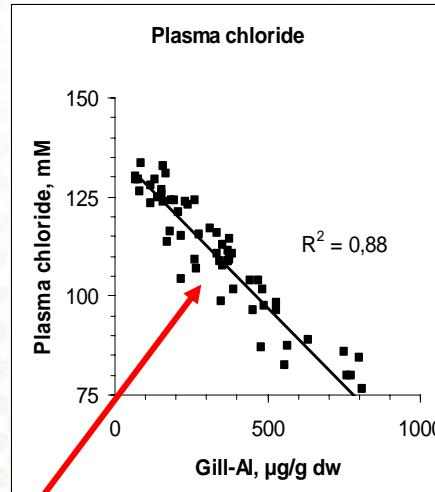
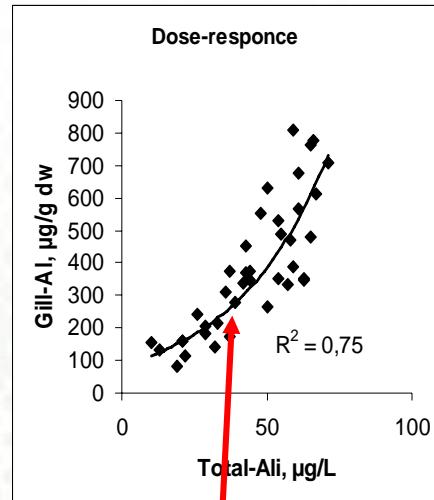


Regional differences in raw water pH

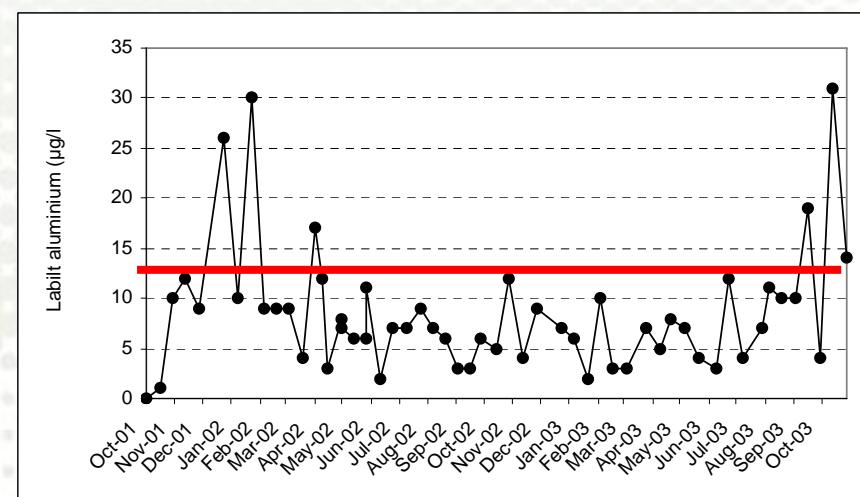
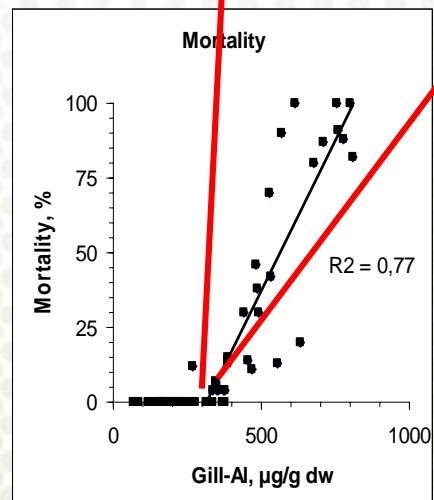
Low pH  
mobilise  
aluminium (Al)

## Al<sub>i</sub> water - Al<sub>gills</sub> - osmoregulation-toxicity

Increased inorganic Al - increased Al precipitation on gill



LAI

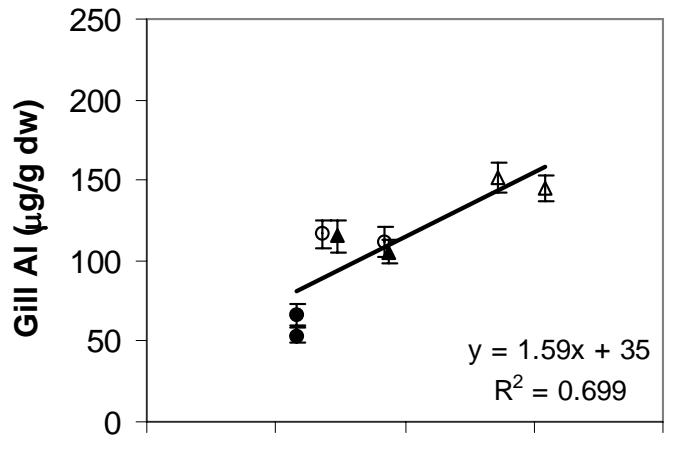


Kroglund et al. 1998, 2001

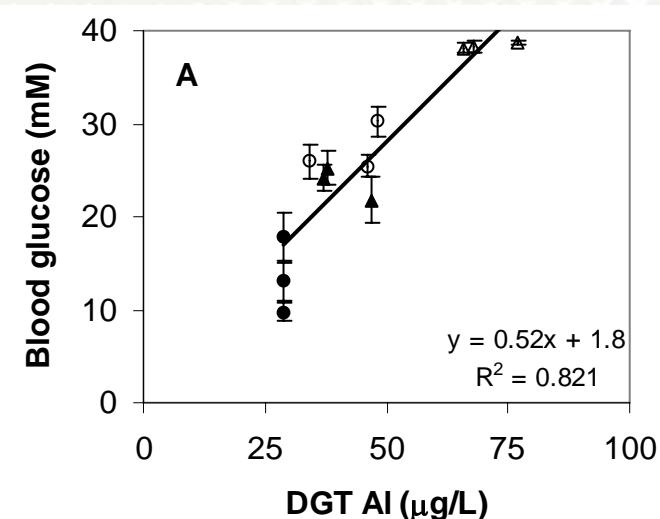
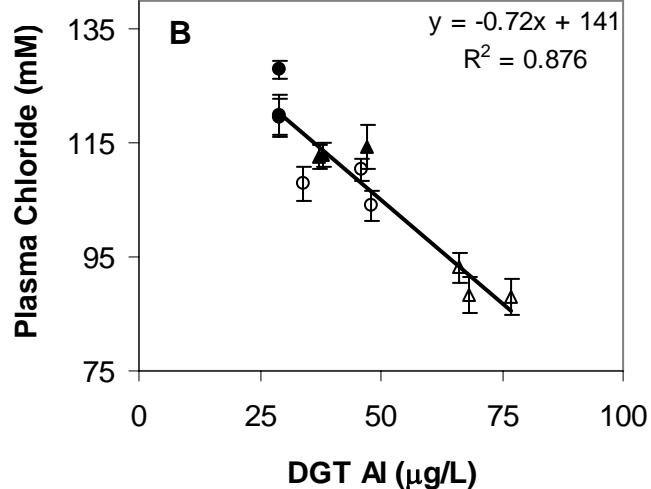
# Can “New technology” be used as BIOMARKERS?

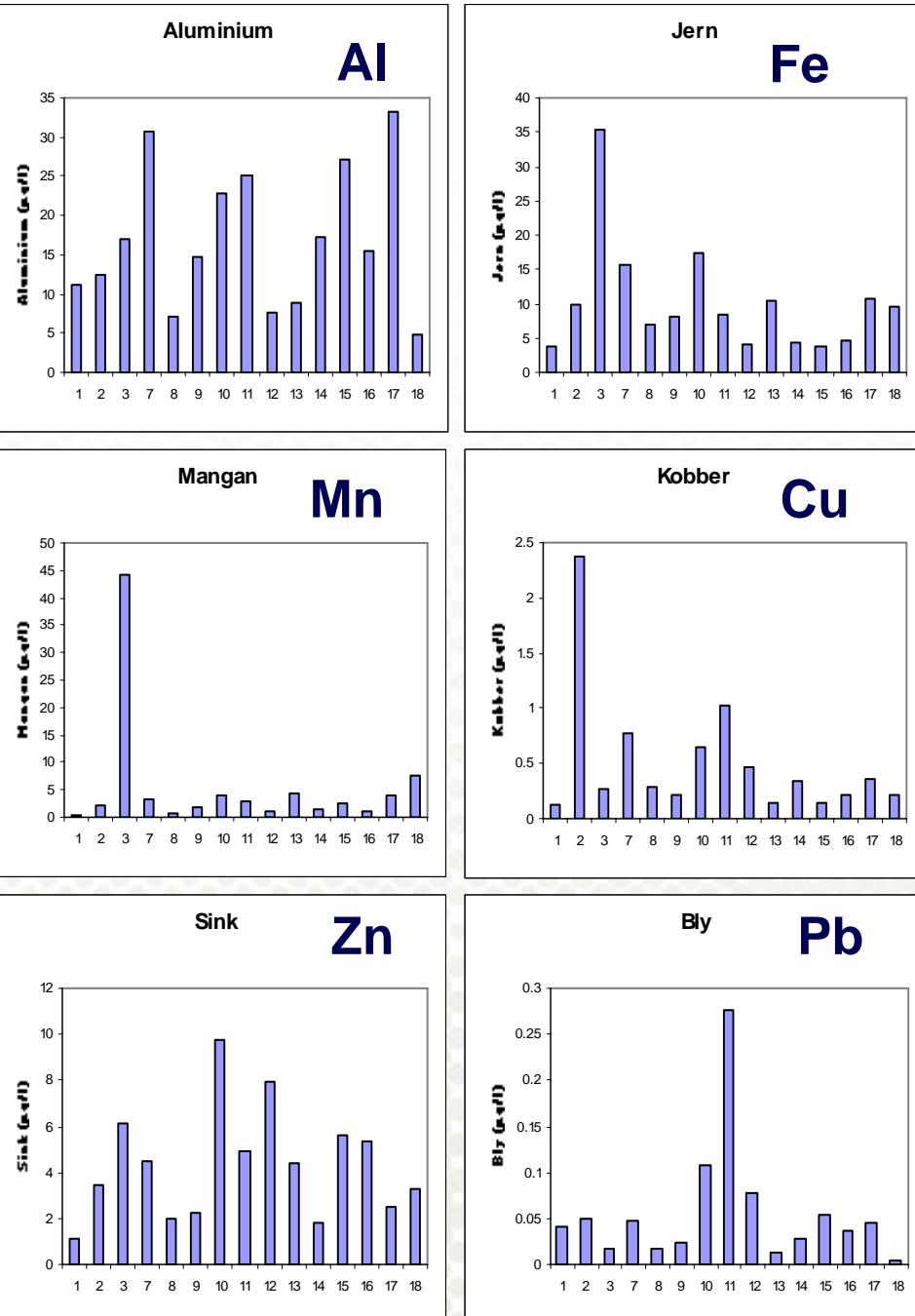
## DGT – “Diffusion Gradient Thin Films”

**DGT “simulate” gill- and physiology responses**



Røyset *et al.* 2005





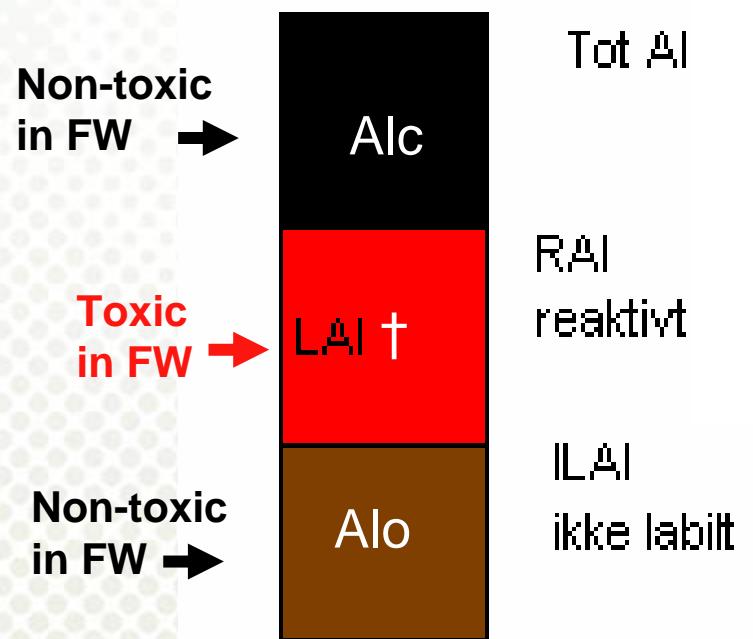
# WQ-2002

## DGT based mean concentration of metals in fish tanks



# We have underestimated the toxic potential of Al!

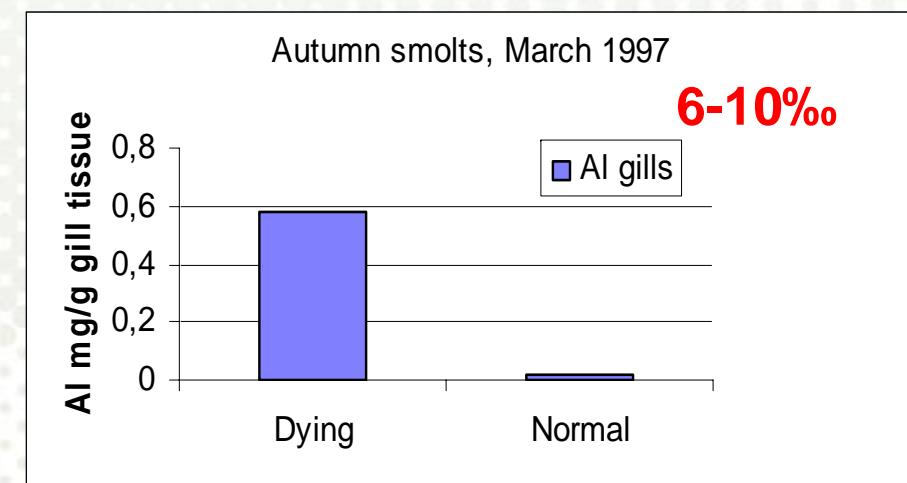
Today's aquaculture practises creates  
Al problems in new areas!



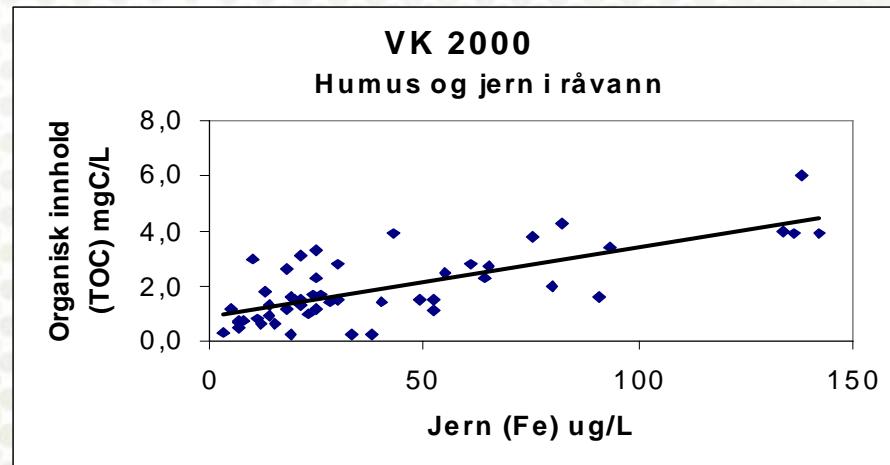
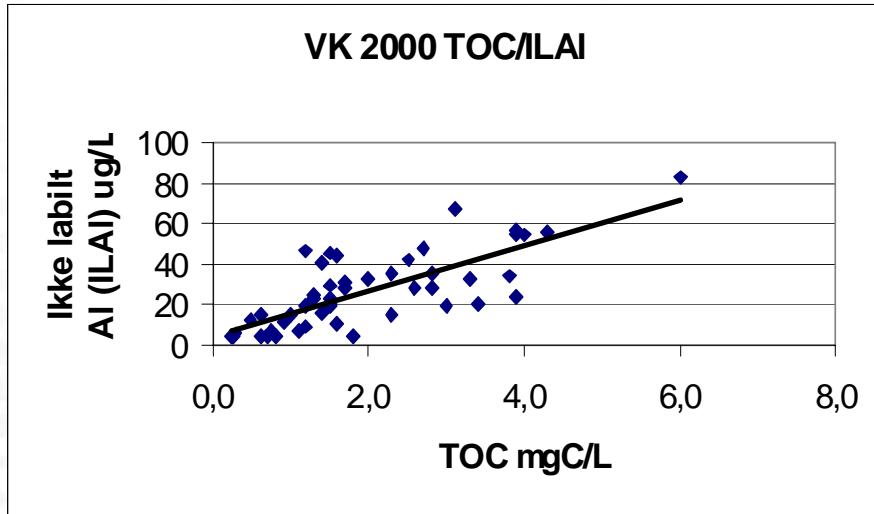
obilisation of  
toxic Al by:  
**Seawater  
Production  
Intensity or  
Water  
treatment**

# Al from freshwater can kill salmon in seawater! Estuarine mixing zones - aquaculture

**Aluminium from acid or humic rivers can kill  
salmon in net pens in fjords during high flow**



## Humics (Total Organic Carbon) as a source for metal problems



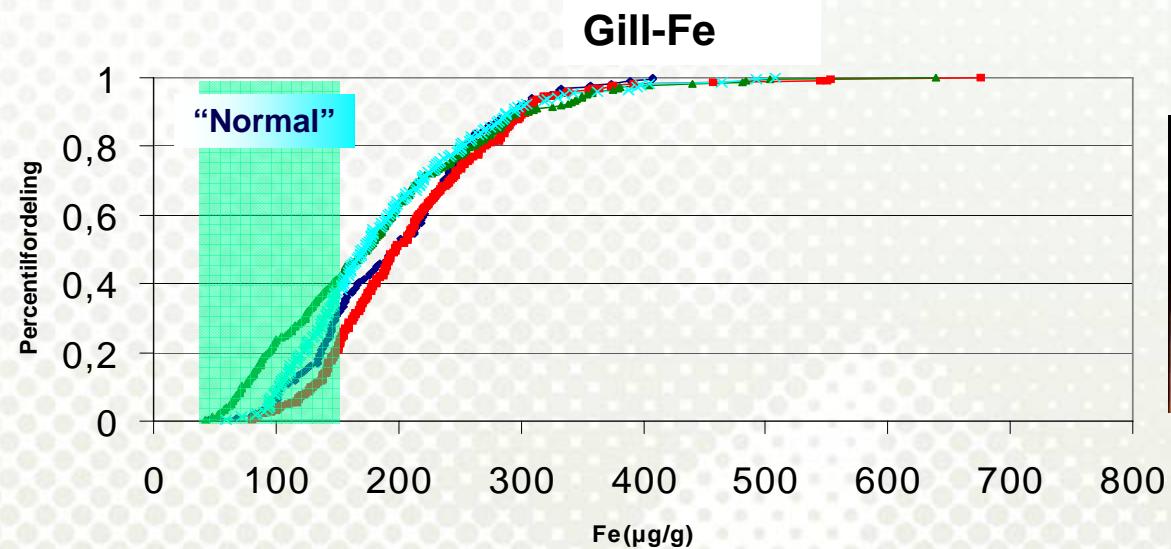
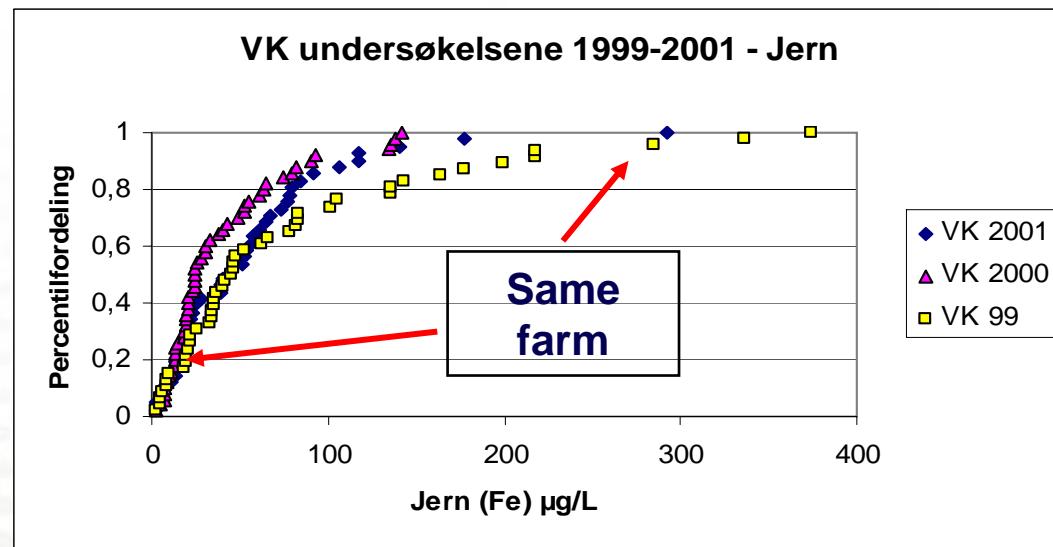
**Increased TOC =  
increased Al & Fe**

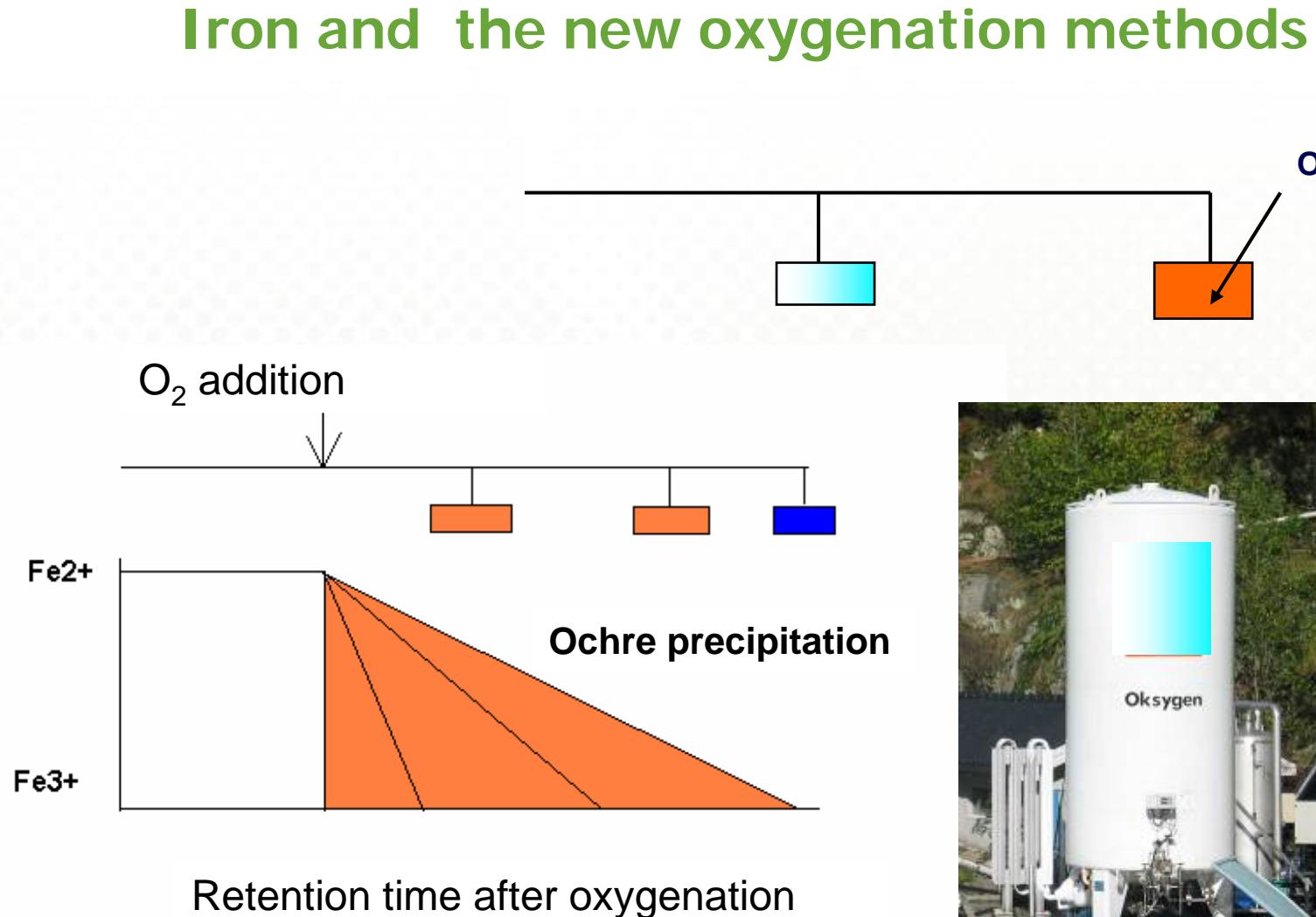
**“Organic bound”  
aluminium, AlO  
(ILAI)**



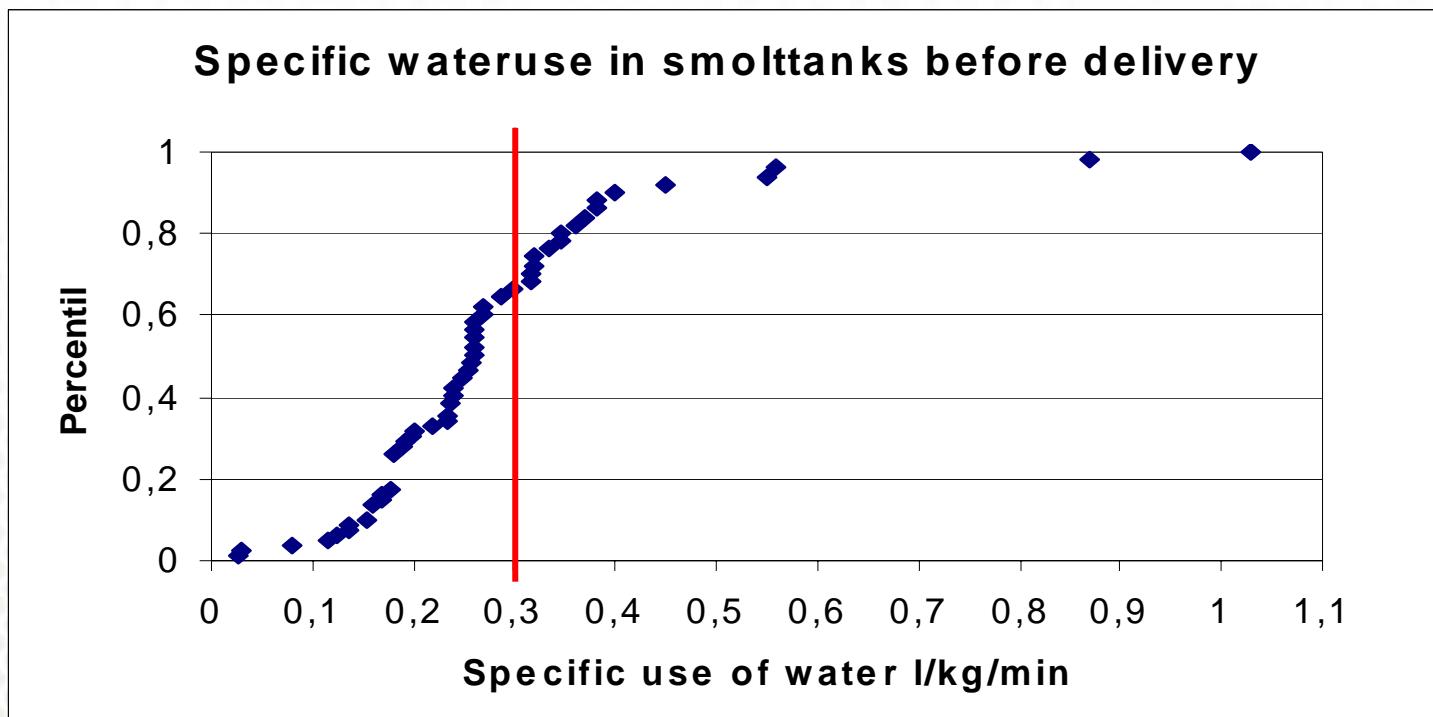
**Total iron, Fe**

## Iron, Fe



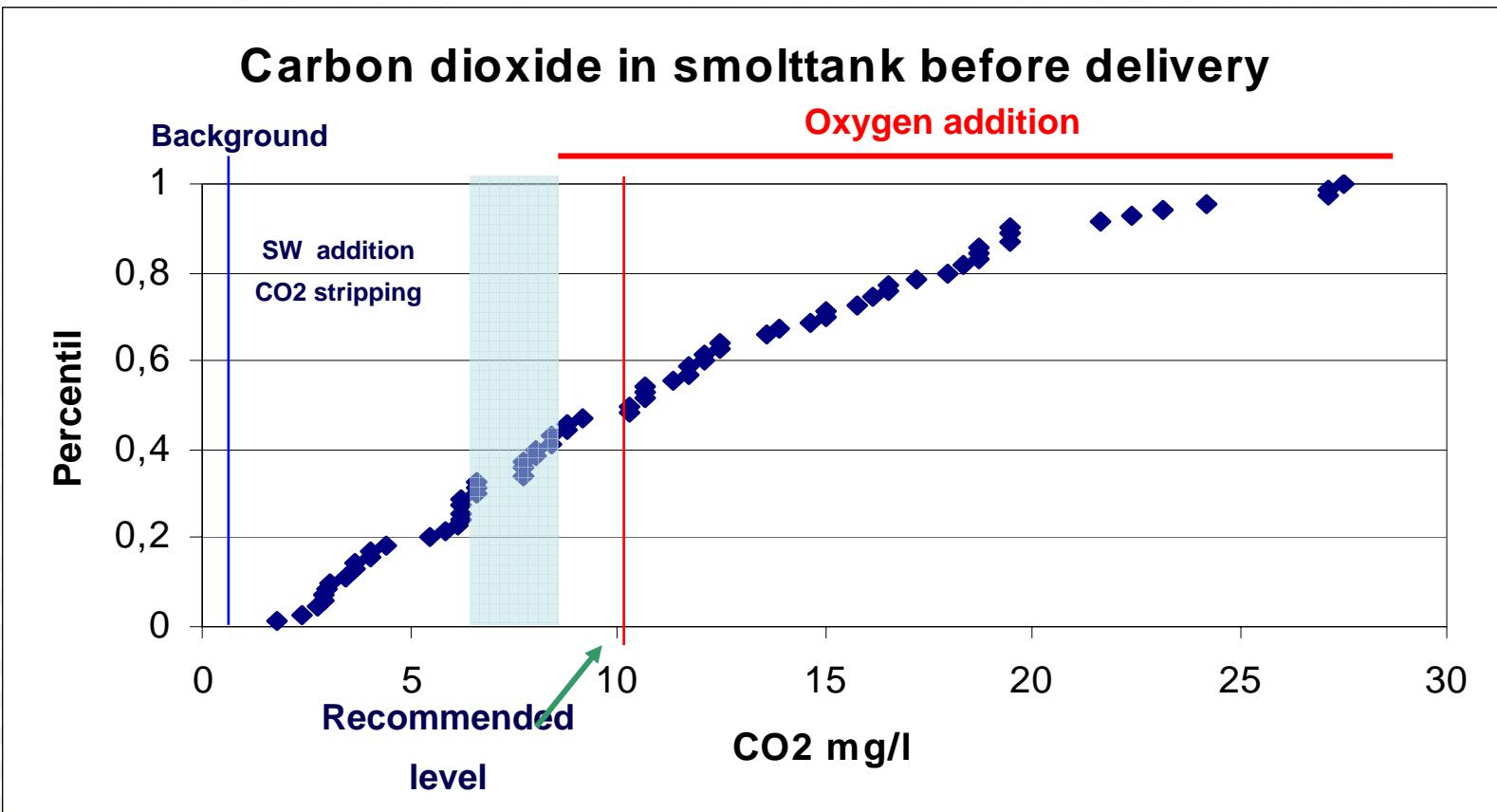


## WQ 1999-2001 Intensive production - lack of water

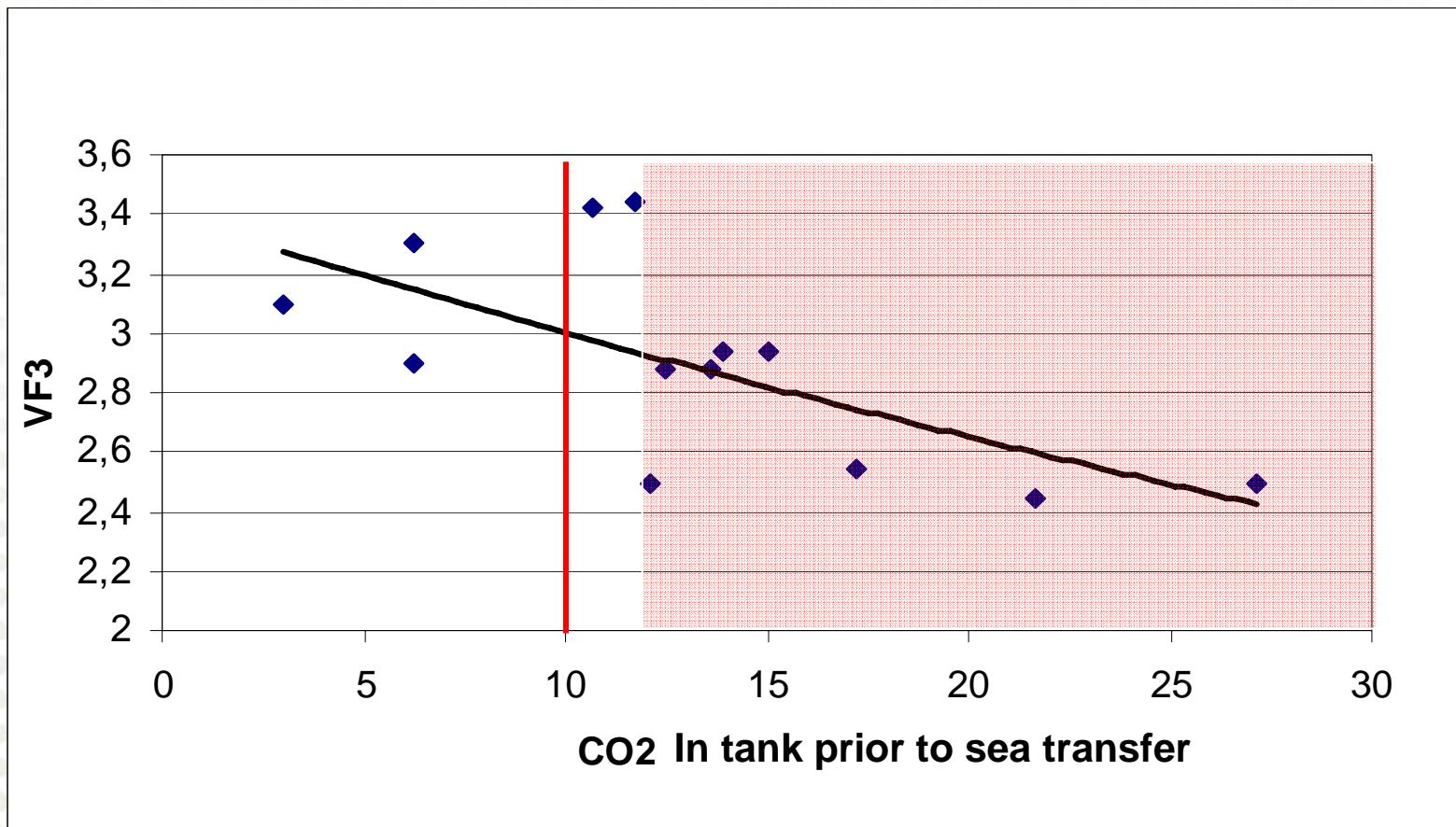


- Planned to use 0,3 L/kg/min as a minimum flow
  - 70% used less!

## Intensive production results in high CO<sub>2</sub>



## WQ 2001 - Tankwater CO<sub>2</sub> and smolt. Resulting Growth Factor (GF3) after 90 days in sea



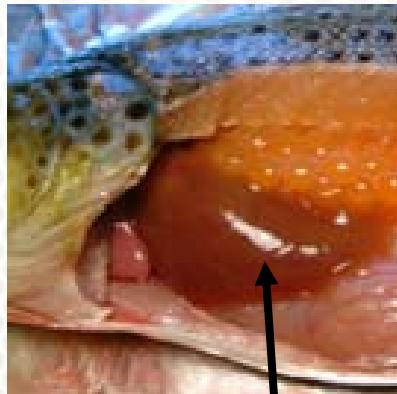
## Our main focus have been on **Oxygen** as a source for free radicals and oxidative stress

- Oxygen is reactive, and **create free radicals** hurting cell and cell function
- Will chronic super saturation of oxygen will lead to immunological problems?
- Will chronic super saturation of oxygen lead to reduced performance, including growth?

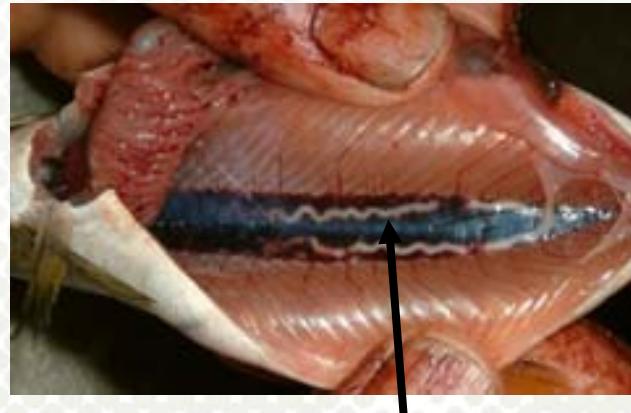
## Organs for study

We have used several biomarkers for analyses of oxidative stress in gills, liver, kidney and blood:

Glutathione  
Superoxide dismutase (SOD)  
Catalase



Liver



Kidney



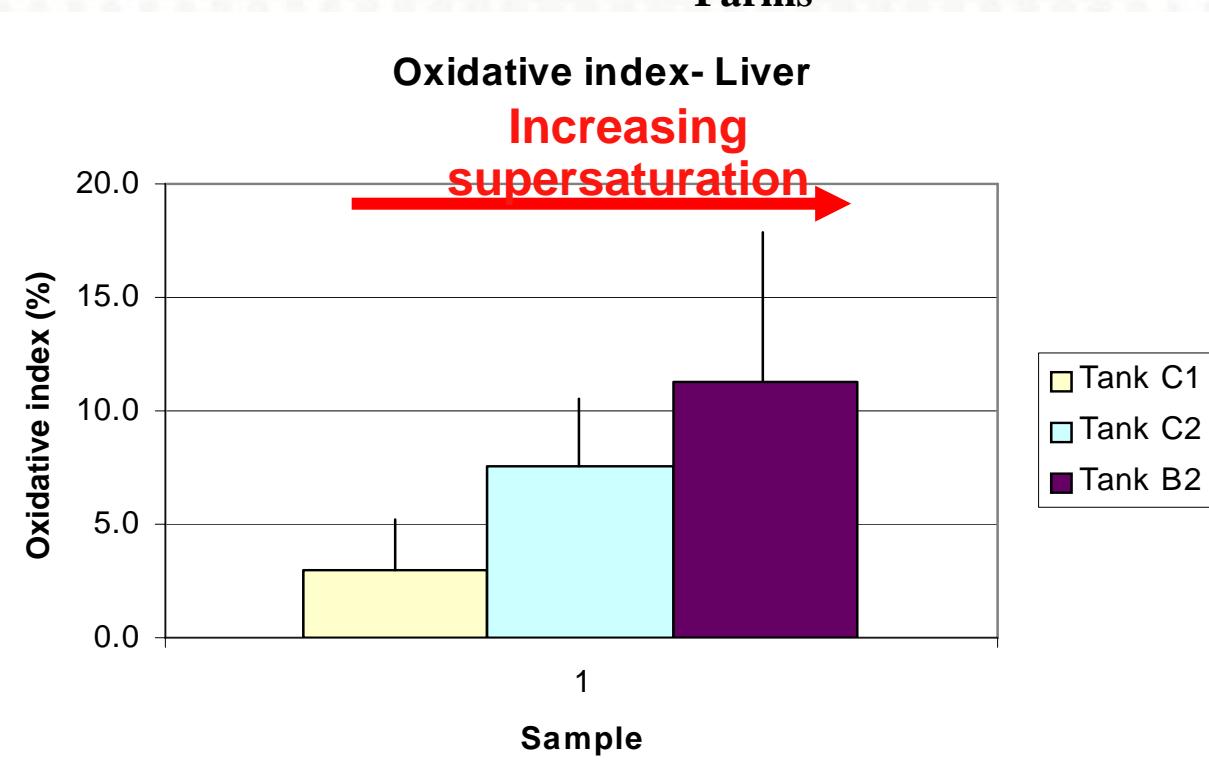
Gill



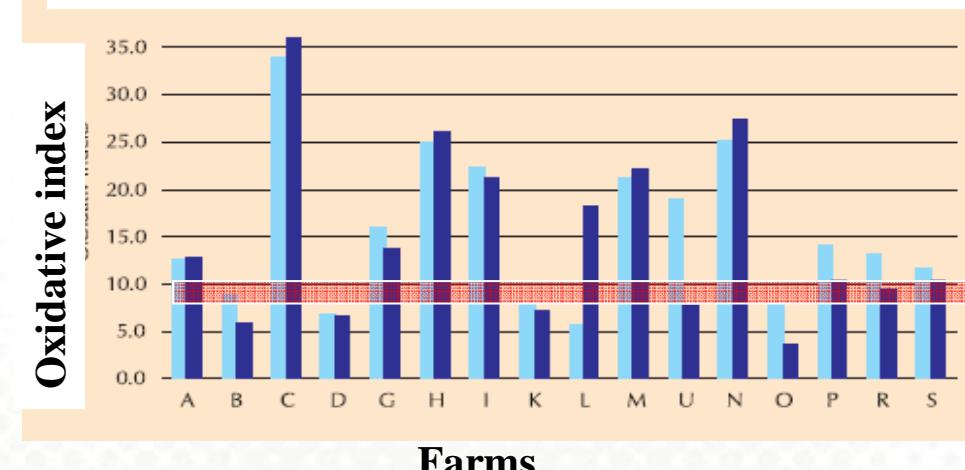
Blood

# Oxidative index, fish exposed to different oxygen pressure (hyperoxia)

**GSH/GSSH**

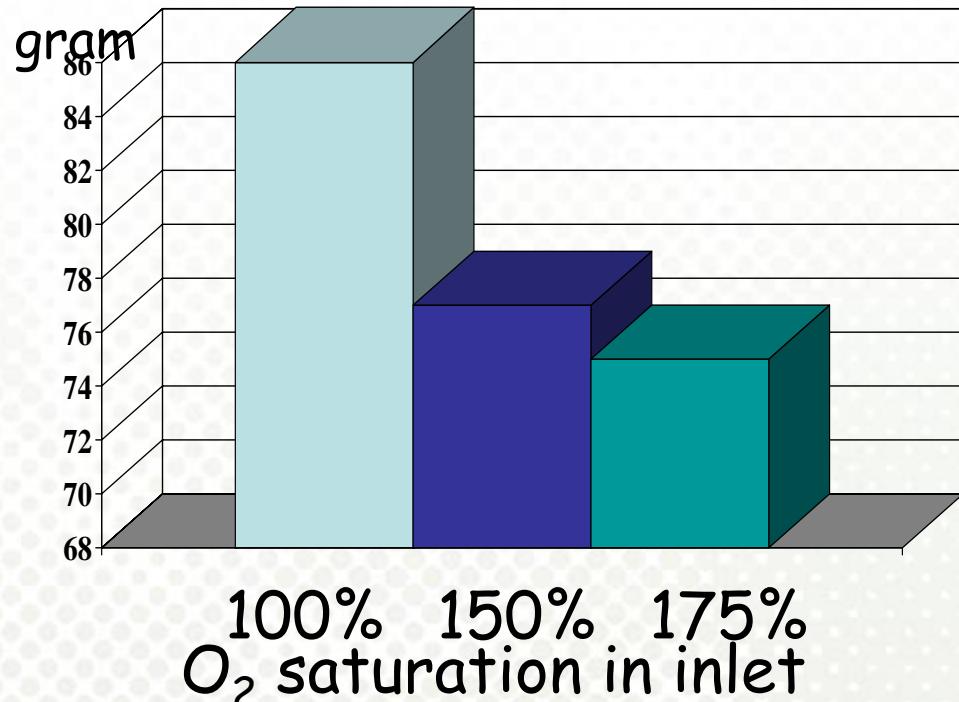


## Detoxification of free radicals, Glutathione



# Supersaturation in freshwater reduces growth

*Weight of presmolts after an exposure period of 54 days*



**Reduced growth also after transfer to sea**

**Indication of increased deformities**

## Summary super-oxygenation experiments

*Relative to 100% O<sub>2</sub> at the inlet and  
70% in the outlet with CO<sub>2</sub> < 10 mg/L*

O<sub>2</sub>-saturation in freshwater >120-130% results in:

- Reduced growth
- Increased O<sub>2</sub> at the same CO<sub>2</sub>-level reduced growth even more
  - O<sub>2</sub> dependent / CO<sub>2</sub> independent response
- Blood chemistry changed - Hypercapnia
  - Chloremia
  - Increased HCO<sub>3</sub>
- Ant-oxidant response indicating increased free radical formation
- Increased: IPN, fungi infection and sea lice infection

After 4 months in sea:

- High O<sub>2</sub>-saturation in freshwater resulted in growth reduction in sea
- Indication of increased deformities

Bæverfjord et al. 2005-2006





## Main conclusion 1

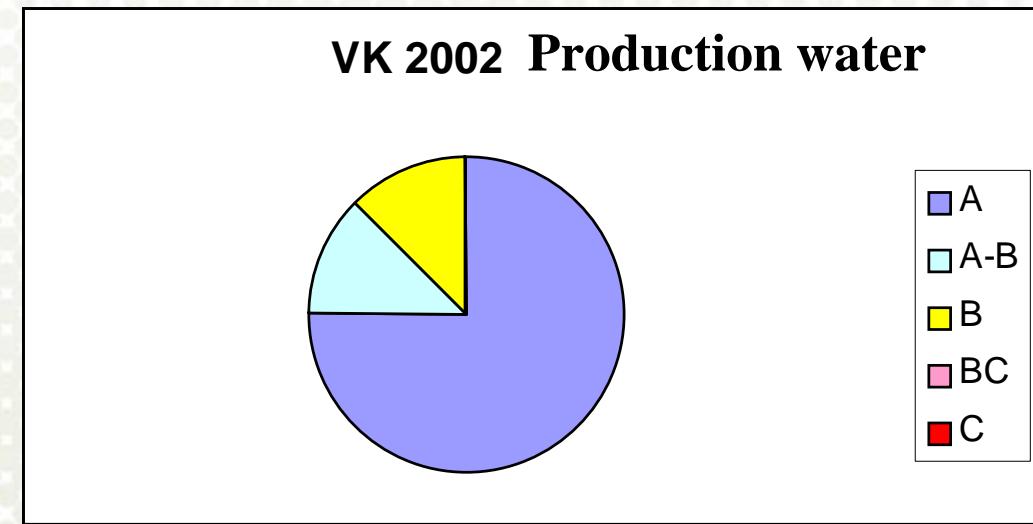
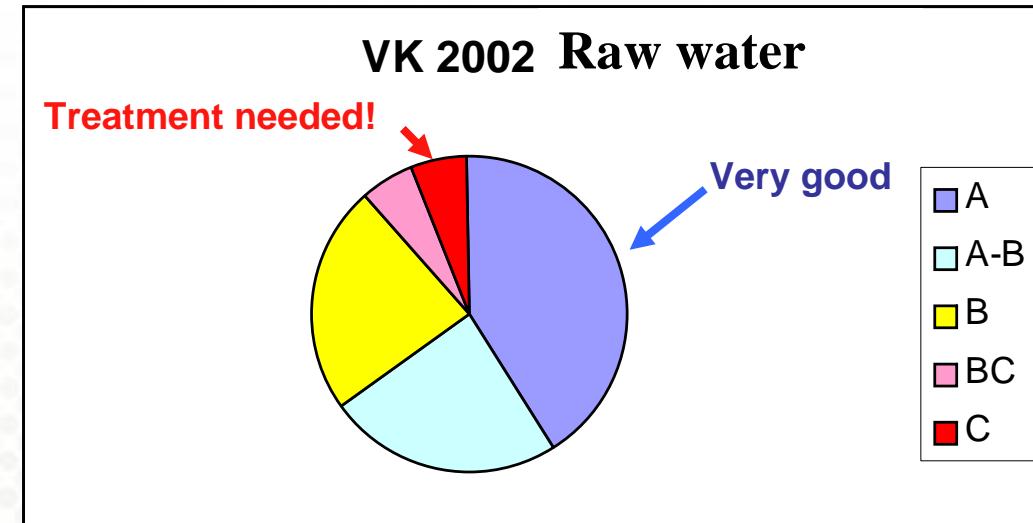
- Amount and quality of water is the major limitation for any aquaculture activity
- **Good water quality and surplus water – Highest value!!!**
- Water quality is highly variable due to:
  - Catchment characteristics and precipitation regimes
  - Management strategies/technology (run through/recirculation etc.)
  - Biotic factors (densities/ feeding regimes etc.)
- All farms should at least have one full year sampling (14 days frequency)
- Water analyses should include *in situ* techniques and/or passive sampling devices (DGT etc.)

## Main conclusion 2

- One cannot technically “override” basic biological limitations
- Avoid superoxygenation:
  - $\text{PaO}_2 > 100\%$  around the fish
  - $\text{CO}_2 > 12-15\text{mg/L}$  (?)
- Farmers having reduced their “superoxygenation strategy” have experienced increased growth, reduced mortalities and increased seawater tolerance!

## WQ 2002 Status Raw water and production water

# Improvements in water quality after proper treatment



## Main conclusion 3

- Monitoring programmes should include parameters relevant for:
  - Animal welfare control
  - EU Water Framework Directive (pollution control)
  - Safe food parameters (heavy metals, POPs etc.)
- Data from the WQ-Project are used to set **Fish welfare and Critical Production Levels** in Norway
- **Raw water quality:**  
can be used in monitoring of **environmental water quality**
- **Tank water quality = effluent water:**  
can be used to calculate **pollution load to the environment**
- **Accredited institutions and high quality analytical laboratories trusted by the farmers and government should have a lead role**



## WQ 1999-2006: Water Quality (WQ) in smolt production

NIVA has been responsible for the WQ project in Norway since 1999. The main goal of the project is to investigate water quality in smolt production units and to relate these findings both to production data at fish farms and to performance after transfer of the smolt to sea cages. The Norwegian University of Life Sciences (UMB) and Akvakultur are our partners in the project. Customer reports verify that these results are vital both in terms of benchmarking and increased knowledge. To date, more than 160 farm studies have been conducted and the database covers about 80% of Norway's smolt-production units. A number of smolt farms in Scotland have also participated in the project. Globally, the WQ database is unique and has provided a useful tool for optimisation at the farms. Industry organisations and authorities concur that these data are essential to discussions of fish health and welfare issues.

### What sort of data is collected in the WQ programme?

The principle of all WQ projects is to sample data from farms, fish and water one week before transfer to sea. This enables us to trace the effects of water quality in the freshwater stage on performance in the seawater stage. In addition we sample data from farms, fish and water from one tank/net with fingerlings to study the impact of intensive dry production on fish health and welfare. Smolt farms are provided with bottles, sample containers and instructions to take the following samples:

1. Untreated raw water under normal conditions and during a flooding event

2. Production water sampled after water treatment (inlet to fish tanks)
3. Tank water analysis (tank outlet), including  $\text{CO}_2$  samples
4. Gilt samples are analysed for metal concentrations. These samples are taken during a flooding event and also one week prior to sea transfer. The main focus is on aluminium and iron concentrations, because they are known to cause low performance and fish mortalities.
5. Sampling and later x-ray analysis of 50 juvenile fish to study skeletal deformities. This might be an indicator of feed deficiency or to excessive intensity in production.

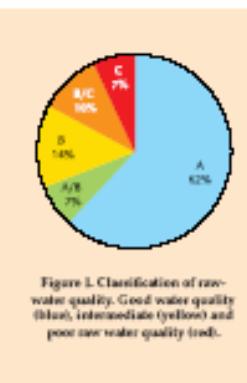


Figure 1. Classification of raw water quality. Good water quality (blue), intermediate (yellow) and poor raw water quality (red).

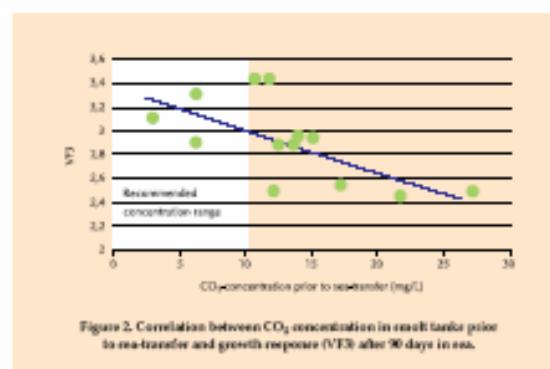


Figure 2. Correlation between  $\text{CO}_2$  concentration in smolt tanks prior to sea-transfer and growth response (VR) after 90 days in sea.

## WQ-Chile 2006 - ?

6. Passive DGT (Diffusion Gradients in Thin films) samplers are used to gain information about free metal ions in the smolt tanks. These samplers are placed in the smolt tanks for about a week and provide data on average concentrations for the specific period.
7. Data about vaccination types and techniques.
8. Data about key operational conditions linked to the farm and to the fish tanks, as well as to transport.
9. Mortality data during and after transport, as well as key performance indicators in the sea, 30 and 90 days after transfer from the smolt freshwater location.



Smolt farm in Southern Norway. Photo: Frode Kringland.

To this parameter, so are the production costs for smolt. A low STW is an indicator of higher levels of metabolites as  $\text{CO}_2$  and total ammonia nitrogen (TAN). Research projects in Norway have shown a close link between limitation of growth and the risk for infectious pancreatic necrosis (IPN) after transfer to sea.

### The Norwegian Seafood Federation (FHL-Norway) recommends the WQ project

The WQ project has generated the largest database on the basis for small production (amount and quality of raw water) (Figure 1). A negative correlation has been found between production intensity in freshwater (represented by  $\text{CO}_2$  and total ammonia/nitrogen) and subsequent performance in the sea (Figure 2).

A key performance indicator in smolt or fingerling production is intensive land-based tanks in specific use of water "STW" ( $\text{L/kg Fish}/\text{min}$ ). The water quality in the fish tanks is closely linked

project in Chile. If you are interested in this, please contact us by e-mail or phone.

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We are currently investigating the possibilities for starting up the WQ

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