

Routine Monitoring of Shellfish Biotoxins at Cefas



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Food Safety Group

Cefas, Weymouth

Centre for Environment, Fisheries and Aquaculture Science (Cefas)

- Established over 100 years
- UK Government's foremost source of marine evidence and applied science
- >500 professional staff
- Two UK laboratories + research vessel
- >160 peer reviewed papers each year
- Fisheries
- Aquaculture
- International government capability development
- Marine and coastal infrastructure
- Nuclear energy
- Offshore renewable energy
- Oil and gas
- Shipping



Lowestoft: 400
Colleagues



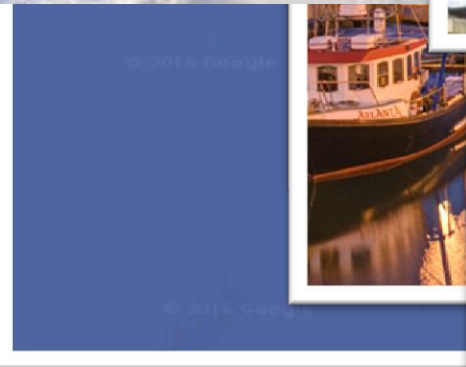
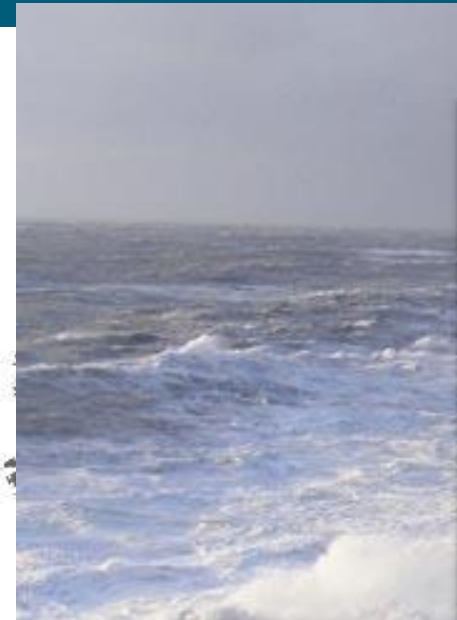
Weymouth: 140 Colleagues



Cefas

World Class Science for the Marine and Freshwater Environment

www.cefas.co.uk





Groups at Weymouth

- Aquatic Animal Disease
 - Epidemiology
 - Non Native Species
- Environment and Animal Health
 - Ecotox, welfare, endocrine disruption, pollution
- Food Safety
 - Shellfish: viruses, bacteria, Harmful Algal Blooms (biotoxins)

Overview

- Introduction
 - What we Deliver?
 - How we deliver?
- Biotoxin monitoring programme
 - What We Test for?
 - How we do the tests?
- PSP analysis at Cefas
 - Implementation strategy
 - Developments
 - Alternatives



How Biotoxin Programme is managed

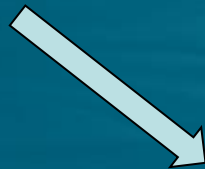
Political

Dictates Programme of work

European Union



Food Standards Agency
&
Food Standards Scotland
(Competent Authorities)



Cefas

Official Control Monitoring

Technical

Control of methodologies

European Union



European Reference Lab (EURL MB)
(Vigo, Spain,)



Reference lab
(AFBI N Ireland)



Biotoxin Monitoring Programme at Cefas

Shellfish monitoring programme

Shellfish are collected from pre-determined monitoring points and posted to Cefas

Phytoplankton monitoring programme

Water samples are collected from pre-determined sites enumeration of potentially Toxic Phytoplankton

2 Contracts with
(competent authorities)

Food Standards Agency
&
Food Standards Scotland



- >200 sites
- >3,500 samples per year
- Covering all of GB
- 5-55 per day

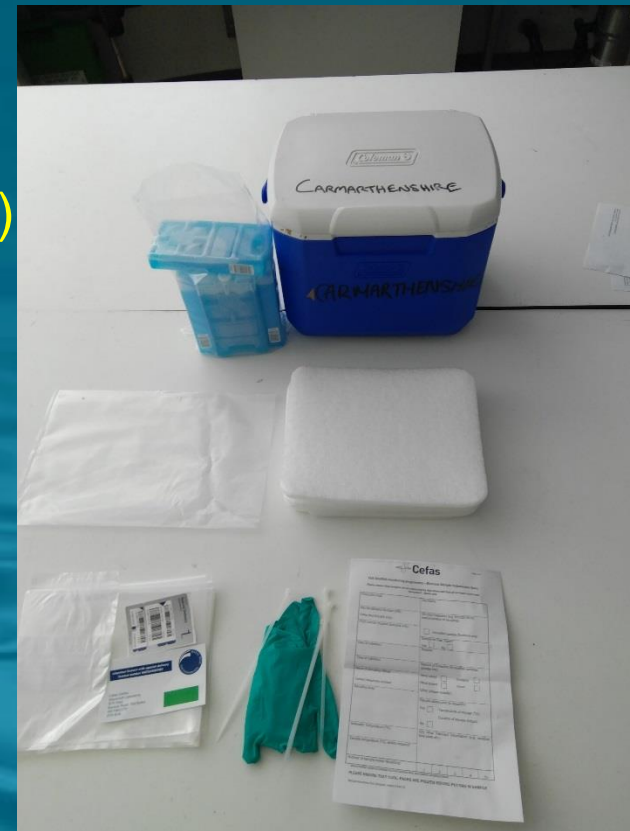


Overview of the programme

- Samples received at Cefas daily
- Shellfish shucked, >100g tissue homogenised
- Samples aliquoted for each test
- Extraction, clean-up, derivatisation (PSP)
- Analysis overnight
- Results reported next day (PSP +ve 2 days)
 - Results > Maximum Permitted Limit = shellfish beds closed for harvest
 - Two consecutive <Regulatory Limit to re-open

Sample Logistics

- Collected and dispatched by Local Authorities
- Postage via Royal Mail
- Usually received within 24 hrs of dispatch
- “Coleman” picnic boxes used
 - 6 ice packs and foam spacers required
- Validated for temp control (samples must be live)
- Posted back to sampling officers
- Each box contains a sampling kit
 - Gloves
 - Paper Work
 - Plastic Bag
 - Zip ties
 - Cool packs (to be frozen)
 - Foam insulation spacers



Laboratories

- **Post Mortem room**
 - (50m²)
 - Shucking
- **Laboratories x2**
 - (50m² x2)
 - Sample processing
- **Robot cupboard**
(10m²) SPE clean-up
- **Analytical suite** (50m²)

Approximate total floor space:
200m²



Analytical Hardware

- 3x Gilson Aspec (SPE and fractionation)
 - Sample clean-up
 - PSP (C18, COOH and de-salting methods)
- 4x Agilent 1200
 - PSP & ASP analysis
- 2x Waters Acquity & MS/MS Xevo TQ/TQs
 - LT analysis
 - Upgraded auto sampler
- 1x Agilent 1290 Infinity 2 & 6495B MS/MS
- 3-4 instruments used for routine monitoring daily
- Other instruments are contingency and used for method refinement, research or QC investigations



Staff requirements

Team of 20ish staff

Project manager	x1
Principal Chemist	x1
Senior Chemist	x1
Project Co-ordinators:	x2
Analytical Chemists:	x5
Laboratory analysts:	x4
Shucking assistants:	x3
Students:	x2-3



- Most staff are not working full time in the team
- Minimum of 5 full time staff can deliver contractual obligations

Cefas current methods

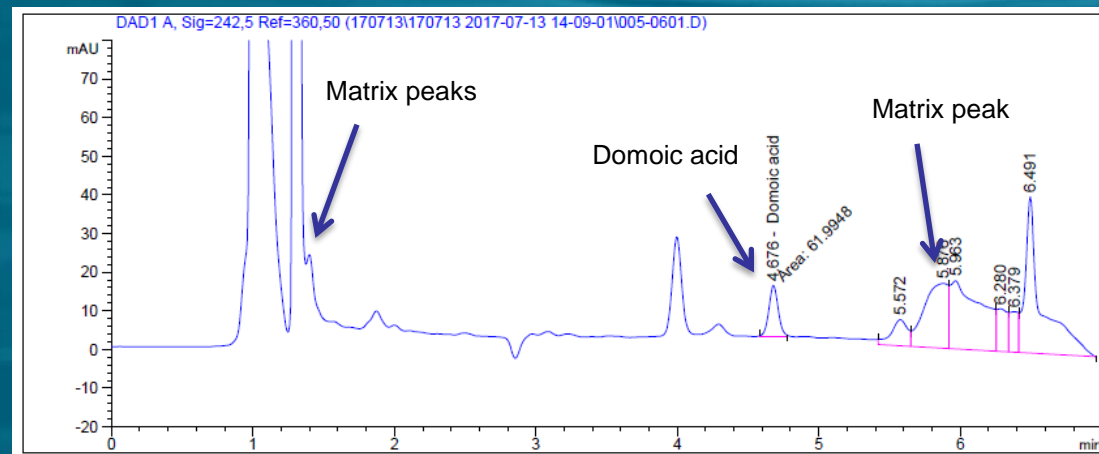
- ASP Amnesico
 - HPLC-UV
 - Used since 2001
- PSP Paralizante
 - Lawrence, AOAC 2005.06 (PreCOX)
 - HPLC-FLD
 - Used since 2006
- DSP Diarreico
 - LCMS/MS EU reference method Used since 2011

ASP

- 2 Compounds only
 - Domoic acid
 - Epi-domoic acid
- EU reference method: HPLC-UV
- Shellfish + 50% Methanol extraction
- No SPE clean-up
- Simple and reliable
- 7 min cycle



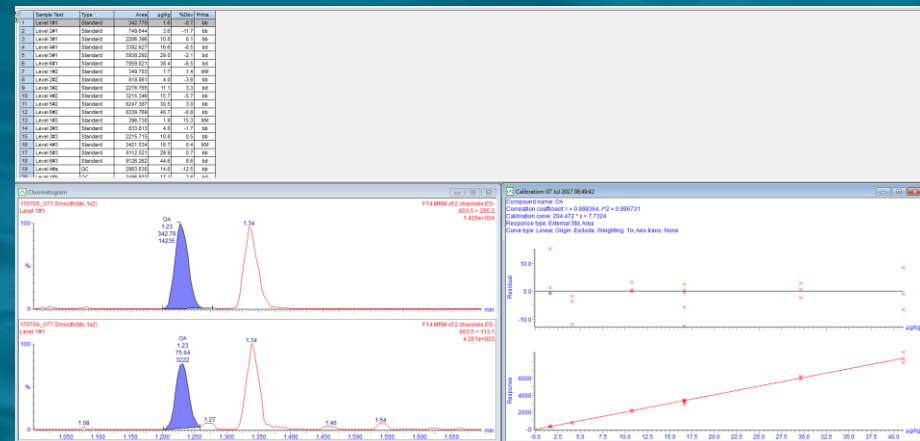
HPLC-UV Chromatogram



LC-MS/MS for Lipophilic Toxins

From 1st July 2011

- EU Reference Method
- Alkaline method
 - 5 min cycle
 - 2 injections per sample
 - Hydrolysed & Unhydrolyzed
 - 3 groups of toxins
 - OA, AZA, YTX
 - Can be challenging
 - Standard peak area drift
 - Instrument Reliability
 - Chromatographic issues
 - Poor performance in –ve mode



PSP Analysis At Cefas

Only 2 Toxic species present in GB waters

1: Alexandrium tamarense:

- Usually Scotland (recently observed in Wales)
- Spreads from East to west in early summer
- Toxins: GTX1&4, NeoSTX, C1&2, GTX2&3 and STX
- Requires fractionation prior to analysis

2: Alexandrium minutum:

- South west England
- Occurs later in the summer
- GTX2&3 and STX
- Does not require fractionation

Pre 2006: MBA (Mouse Bio Assay)

- *Also known as AOAC 959.08*
- Used for all samples tested for PSP
- 2-3 tests per sample
- 1000 samples per year
 - 90% requiring PSP analysis
 - >3000 animals

Why Stop Using The MBA?

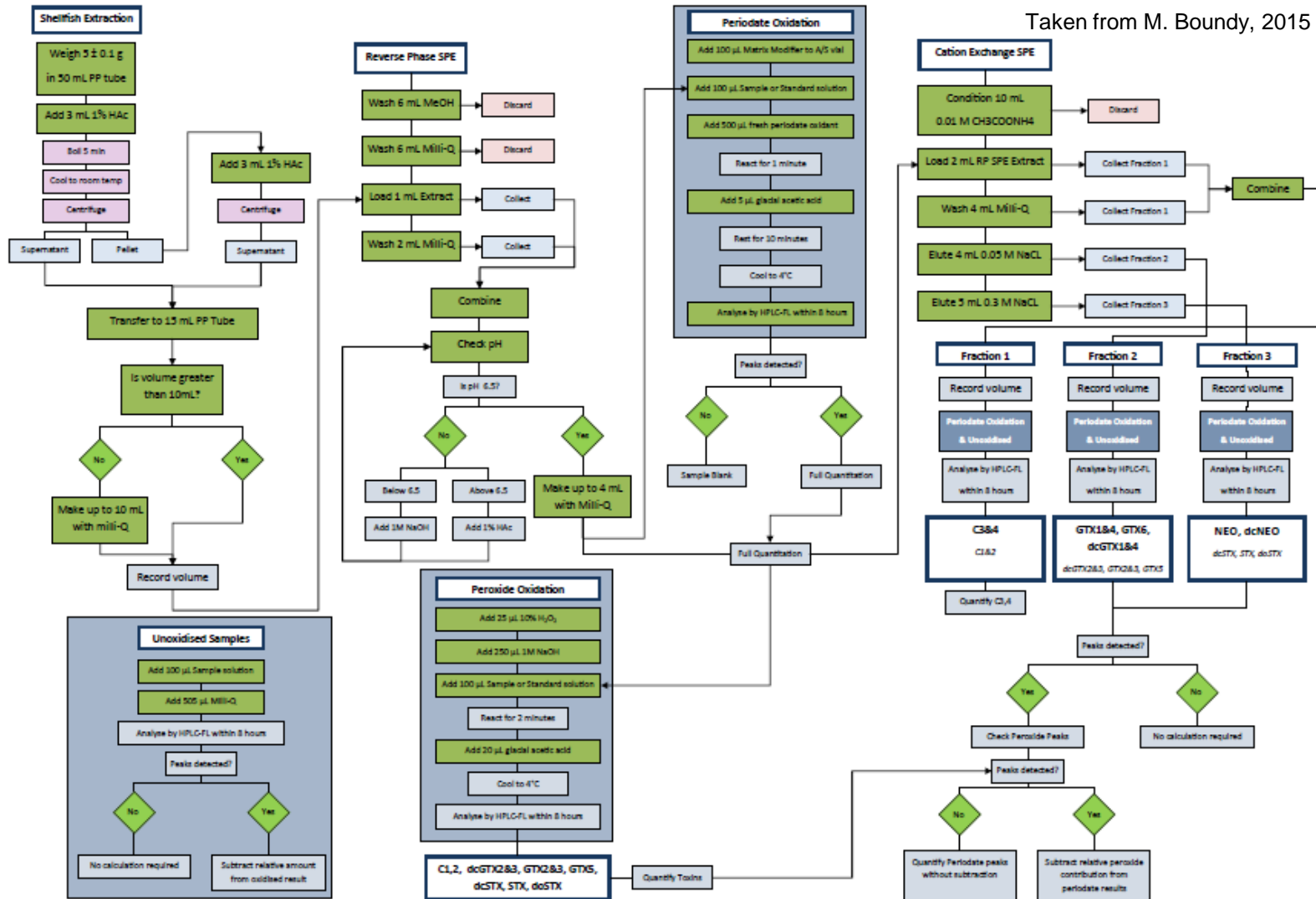
- **Methodological issues:**
 - No toxin profile data
 - Potential for False Positives
 - Poor reproducibility
 - High Limit of Detection
- **Ethical Issues**
- **Governmental pressure**
 - In 2006 demanded immediate reduction in MBA
 - Threat of withdrawal of animal testing licence



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The Lawrence Method

Taken from M. Boundy, 2015



Validation of Methods

Not an easy, quick or cheap process:

- IUPAC and EC guidelines
- Initial testing of method
- In-house validation to define performance →
- Comparison with other methods
- Assessment of issues
- Resolve practical issues and pitfalls
- Define implementation approaches
- Implement

To be done for each species

Validation

Selectivity
LOD/LOQ (screen & quant)
Linearity and range
Accuracy (CRM)
Toxin recovery
Precision (short, medium, long term)
Ruggedness
Uncertainty of measurement



I U P A C

International Union of Pure and Applied Chemistry

Strategic Phases of Validation

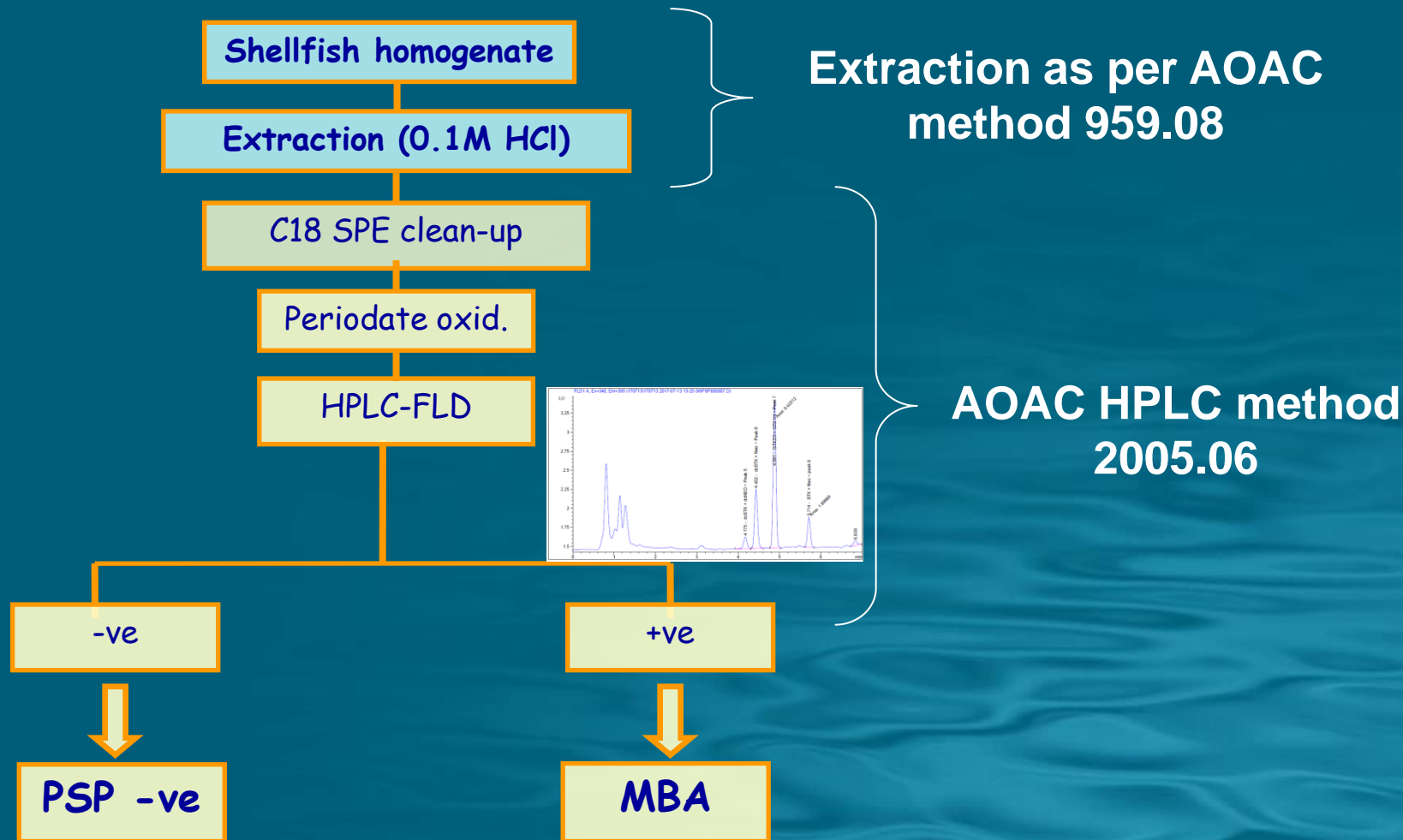
- Phase 1: Screen
 - +ve samples forwarded to MBA
- Phase 2: Quant Validation of Mussels
 - Mussels was chosen as most commonly tested organism
- Phase 3: Quant Validation of other organisms (non scallops)
- Phase 4: Quant method for Scallops

Phase 1:

HPLC Screen

- Validation of screen started in Nov 2005
- Identified issues with Scallop
- Used MBA extraction method
- Run in parallel in summer of 2006
- Implementation in October 2006
- Only HPLC +ve samples forwarded to MBA
- Toxin peak above 3 x signal to noise was regarded as +ve

Screening Decision Tree



Phase 2:

Quantitation validation for Mussels

- Implemented in 2008
- Used AOAC 2005.06 acetic acid extraction
- Mice no longer used for any Mussel samples



Phase 3:

Quant Validation of other species

- Implemented 2010
- Clams, Cockles, Oysters, Razor shells each being validated individually.



Phase 4:

Quant Validation of Scallop species

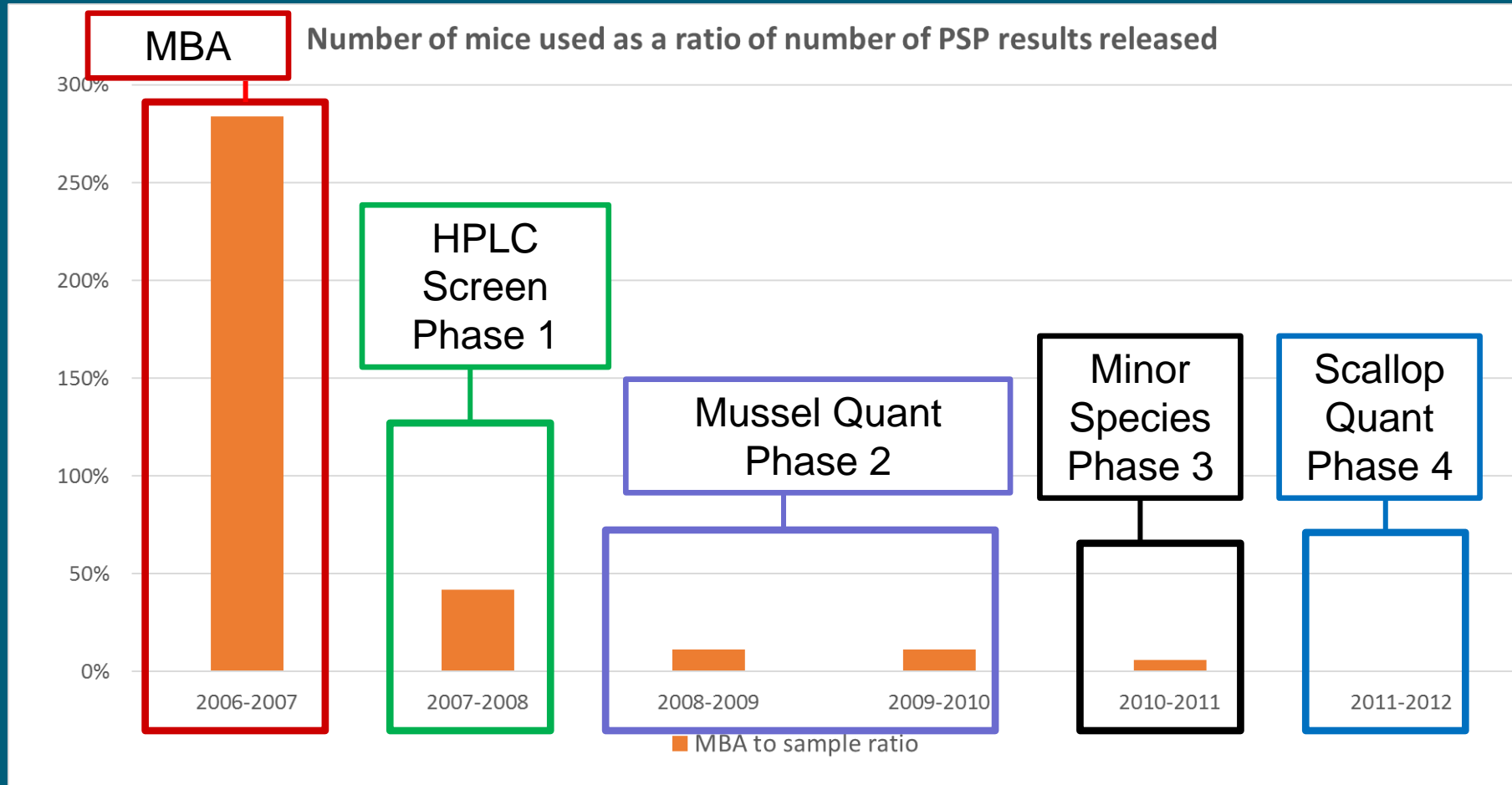
- Implemented in 2011
- Periodate oxidation suppression caused sensitivity issues
- Changes included:
 - Increased sample volume for SPE (50%)
 - Higher concentration of periodic acid in periodate.
 - Use of Scallop matrix to suppress the standard oxidation

Approximately 5-6 years for complete removal of MBA

Schedule of work

- Day 1
 - Shuck, homogenise, extract, perform SPE and oxidation. Run HPLC over night.
- Day 2
 - Take results identify positive samples and if they require fractionation, release negative results.
 - Peroxide oxidise the C18 extract and periodate Fraction 2 and 3, also prepare an unoxidized aliquot of the C18.
 - HPLC analysis of standards (21 injections) and samples (up to 4 each) over night.
- Day 3
 - Process data, complete reports and double checked.
 - Forward results to customer.

Time line of MBA replacement



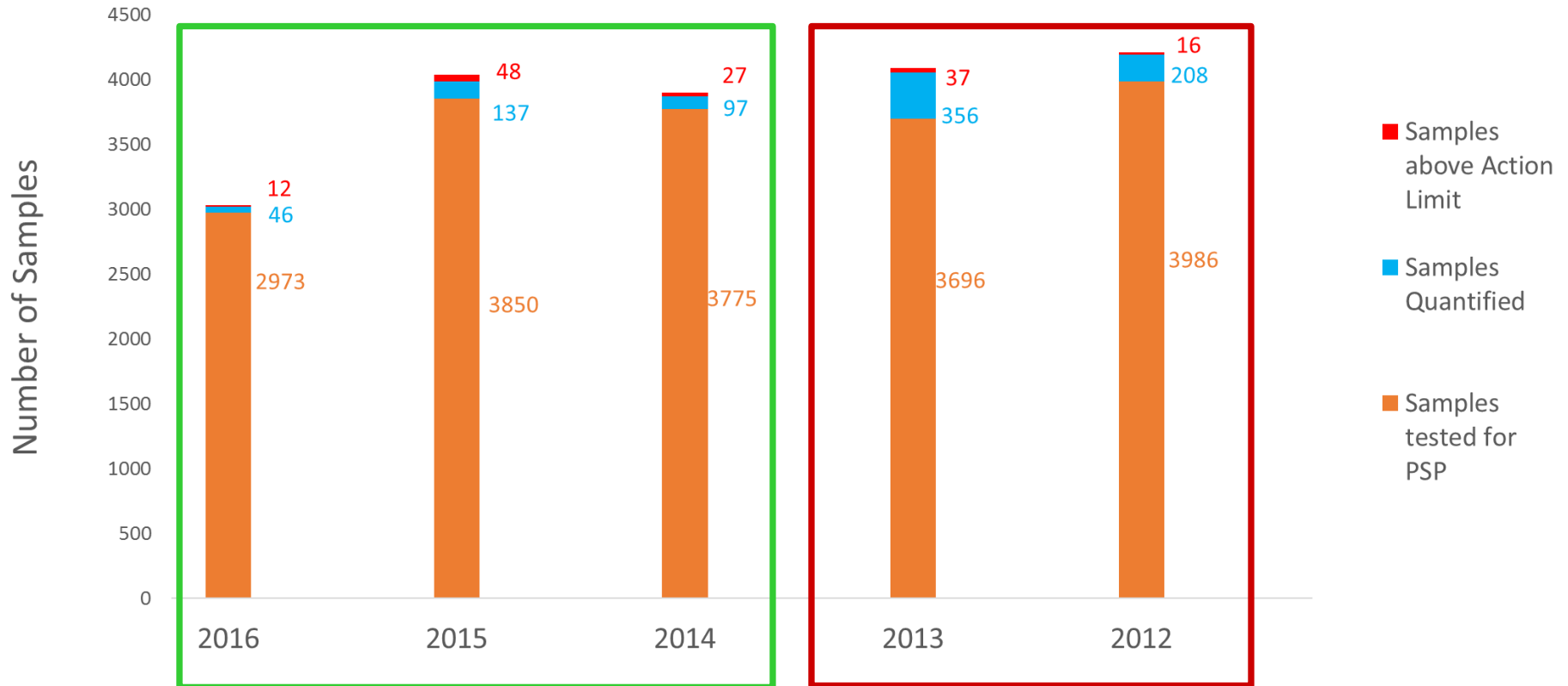
Developments since Implementation

Semi Quant replaced Screen

- Same method as Screen
- Applied Semi Quant to historic data
 - checked against quant result
- Uses 2 point calibration
- Gives estimated toxicity
- Over estimates by factor of >2
 - Dependant on Profile
- Threshold set at 400 μg STX eq/kg
- Reduced number of samples requiring quantification

Benefits

PSP Monitoring before and after implimentation of Semi Quant



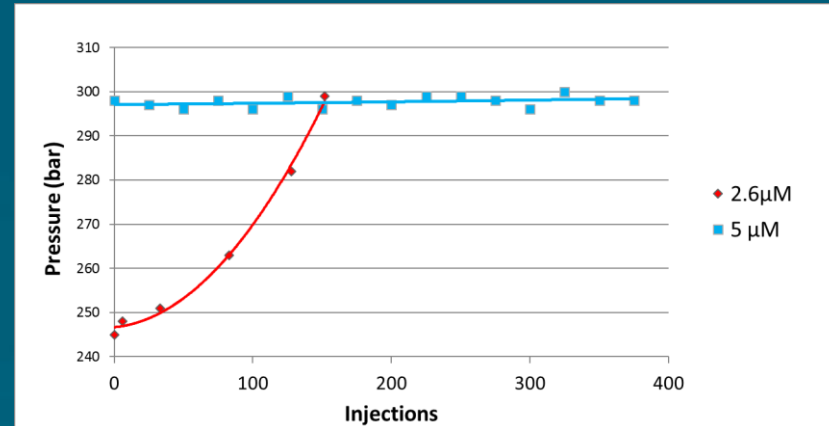
Semi Quant: 2-4% of samples required Quant

Screen: 5-10% of samples required Quant

Fast HPLC

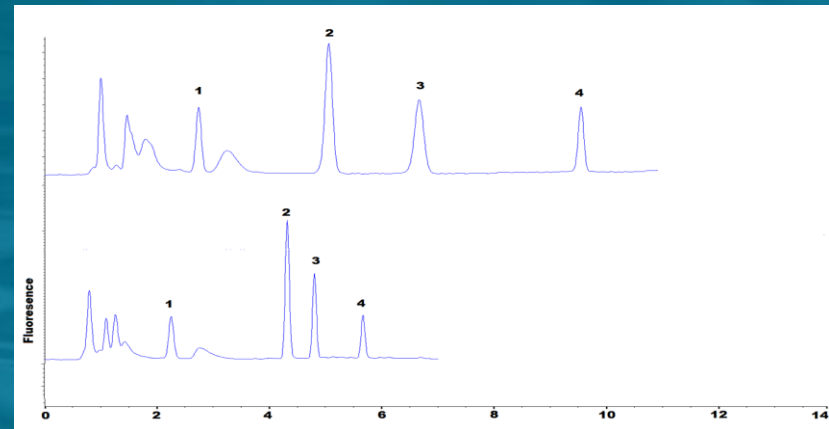
- 2.6 μ M 100x4.6mm fused core column

- Standard HPLC hardware
- Reduced Cycle time (halved)
- Poor column life (<500 cycles)



- 5 μ m; 150 x 4.6 mm fused core column

- Standard HPLC hardware
- Reduced Cycle time (halved)
- Extended life (>3000 cycles)



Benefits:

- **More sensitive**
 - Up to 275% for GTX2&3
- **Faster sample analysis**
 - Analysis time halved
- **Reduced instrumental demands**
 - Single instrument can do screen and quant
- **>99% of results released on time**
- **No additional cost \$**
- **No Notable drawbacks yet identified**

UPLC analysis of PSP

- >800 bar pressure
- <3 μm & <2 μm columns tested
- Fused core & porous columns tested
- Different manufacturers
 - Phenomenex, Agilent, Waters and more.
- 4 minute cycle time
- Poor life expectancy
 - Drop in efficiency & peak shape

Alternative Methods

- PCOX: Post Column Oxidation (AOAC 2011.02) - HPLC-FLD
- Ion Pair Chromatography
- Single Laboratory Validation 2009
- Inter-lab validation completed in 2011
- Cefas collaboration
- Not included in EU legislation
- Used in Canada for routine monitoring

PCOX The Good The Bad and the Ugly!

The good :

- Separates isometric pairs, (e.g., GTX1&4)
- No C18 clean up required.
- No manual oxidation required

The Bad:

- 2 separate methods and columns
 - STX & GTX on a C18 column and C toxins on C8 column
- Post column derivatising hardware
- 25 min cycle time
- Poor column life

The Ugly!

- The chromatography!

The Future

- Cefas developed LC-MS/MS Method (Turner & Boundy)
 - HILIC chromatography
 - Uses porous Graphite SPE for salt removal
 - Single lab validated 2014
 - Inter-lab validation currently underway including participation from Chile
 - 11 min cycle time
 - 1 injection per sample for full quant, including additional analogues (doSTX, GTX6, dcGTX1&4, M toxins)
 - Able to detect and quantify analogues which PCOX cannot determine (above + dcNEO)
 - Especially important for *G. catenatum* profiles

To Conclude

- Validating the Lawrence for full Quant is Lengthy, complicated and Expensive!
- Consider validating the Screen/Semi-quant
 - Test historic extracts and run in parallel with routine samples
 - Assess performance and adjust if necessary
- Use the screen to select samples to be forwarded to MBA
- By doing this you can achieve high throughput
 - 50-100 samples per day 1 instrument.
- Wait for LCMS method or do full Lawrence in future

I would like to thank:

- Andrew Turner: Cefas
- Lorena Delgado: Instituto de Salud Pública de Chile & Andrea Rivera: Departamento de Nutrición y Alimentos
- Marcelo Campos Larraín: Acuasesorias
- The FSA and FSS
- The Fishing and Aquaculture Vice-Ministry for funding this visit

Questions?

Practical Application of Methods

Key Points

- ISO 17025
 - Multiple QC checks at each stage
- Highly trained analysts
- Robust instrumentation
- Automated processes
- Risk awareness, mitigation and contingency
- Availability of reference materials
- QA, Inter-lab, proficiency tests

ISO17025:2005 accreditation

- Quality system
- Training and management
- Quality control & proficiency testing
- Suppliers
- Calibration and validation
- Equipment
- Improvements

QC/QA Checklist?

- HPLC performance / system suitability / preventative maintenance
 - SPE instrument checks
- LRM prep / homogeneity / stability
 - Tube tolerances
- Proper calibration of all equipment
- Standardisation of timings / parameters
 - Checks on std prep (new vs. old)
 - Shewhart charts for all RMs
 - Full, traceable reagent prep
 - Reagent performance testing
 - Collection volume verification
- Verification of labelling, tube positioning and instrument sequences
 - pH checks
- Full 5/6 point calibrations (r^2 / LOQ check)
 - System and procedural blanks
- Regular continuing calibration checks
 - System flushes
- Regular calculation template checks
 - Inter-lab tests
- Multiple analyst tests when possible

Extraction

Exhaustive

- 5g Homogenate
- 3ml HAC
- Vortex
- Boil 5 min
- Cool 5 minutes
- Vortex
- Centrifuge
- Collect supernatant
- Add 3 ml HAC
- Vortex
- Centrifuge
- Collect supernatant
- Make up to 10 ml

Dispersive

- 5g Homogenate
- 5ml HAC
- VortexBoil 5 min
- Cool 5 minutes
- Vortex
- Centrifuge
- Collect supernatant

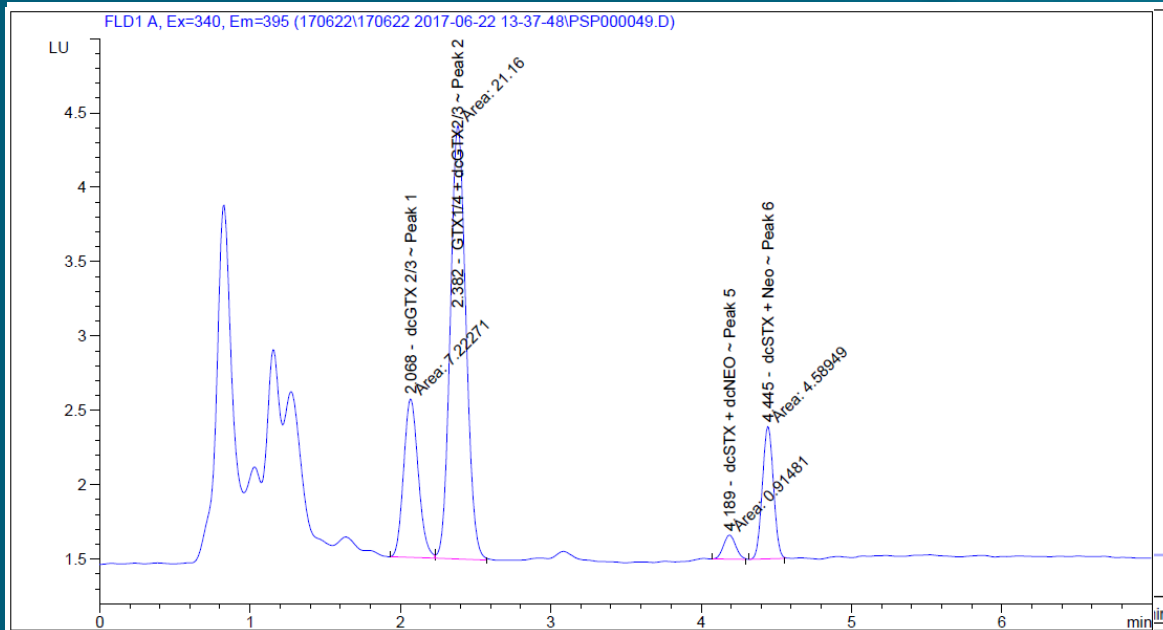
Not EURL Method

PSP toxin Standards and AOAC 2005.06

- 10 Toxins routinely tested at Cefas
- For the purposes of this method in 2 defined groups:
- N-Hydroxylated
 - Mix 1: NEO, GTX1&4 dcNEO
- Non-N-Hydroxylated
 - Mix 2: dcSTX, GTX2&3, GTX5, STX,
 - Mix 3: dcGTX2&4, C1&2

Thankfully: PSTs commonly occurring in naturally contaminated shellfish in UK/EU are available as standards **and** most have fairly well described TEFs

Not the case for M toxin!



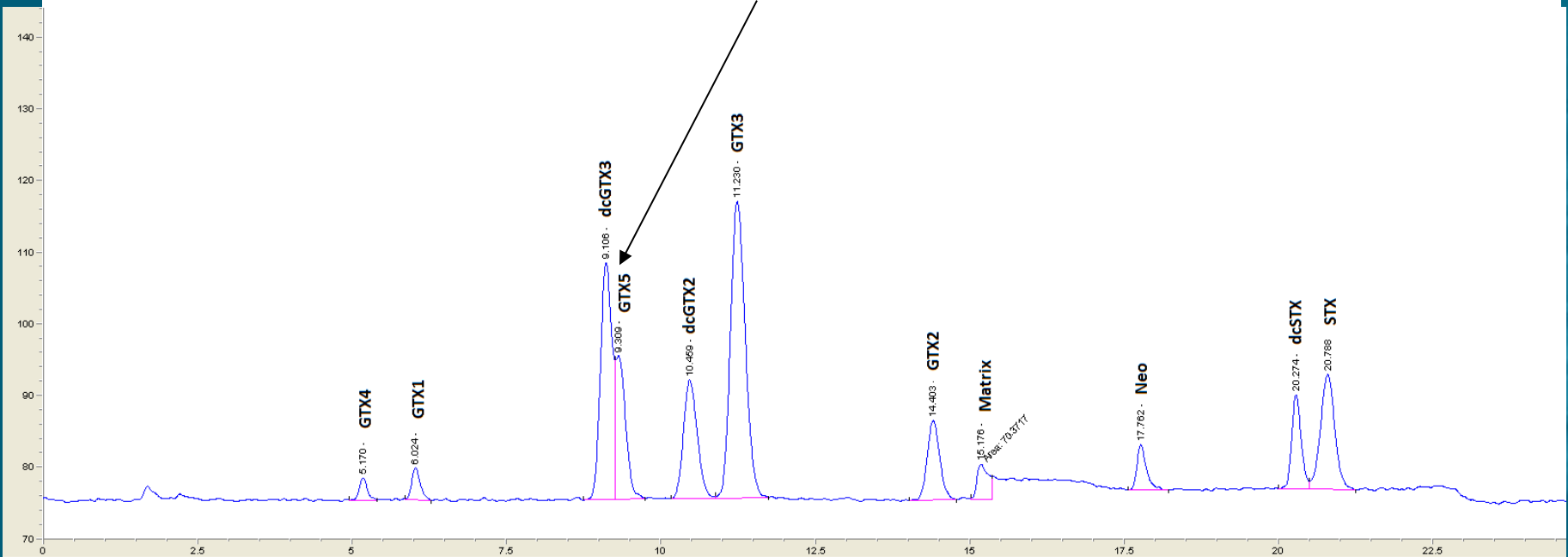
Why not Use PCOX

- AOAC 2011.02 – PCOX LC-FLD:
 - Not in EU legislation
 - Requires at least 2 columns/systems to run each sample
 - Use of ion-pairing chromatography
 - Very short column lifetime
 - Prone to matrix effects – false +/-
- Tested for UK samples
 - Complex interpretation
 - Difficult to run daily – NOT USED

PCOX chromatographic issues

Example of PCOX standard Chromatogram with no shellfish matrix present

Some columns are unable to separate GTX5 from dcGTX3



HILIC separation

- Waters BEH Amide HILIC
- +/- switching
- Full separation of critical pairs, including epimers
- Total cycle time of 11.5 min for all PSTs

